

Lanhydrock Walk

Distance

Lostwithiel to Lanhydrock: 2.7 miles (4.3km)

Lanhydrock to Bodmin Parkway station: 1 mile (1.6km)

The walk from Lostwithiel upstream along the Fowey river valley is level, mostly paved and traffic free. Follow Restormel Road past the turning to Restormel Castle and through Restormel Manor farm. The access-only paved road passes through wooded areas and fields.

The road ends at the waterworks; go through double farm gates and across a field, then down a track across another field. A heavy gate marks the entrance to the Lanhydrock estate. A path through the woods will take you past farm buildings to the gatehouse at the end of the Lanhydrock House drive.

Visit Lanhydrock House and the National Trust cafe for refreshment before continuing through the beautiful grounds of Respryn to Bodmin Parkway Station. Cafe and toilets at the station. Check the [train timetables for services stopping at Lostwithiel](#).

Photos on the map by Rebecca Molyneux.