

Restormel Castle Walk

Quiet country roads and fields, a steep climb to the castle gives spectacular views across the valley.

DISTANCE 2.75 miles (4.4km)	ROUTE Circular walk	START Lostwithiel Community Centre	ONLINE  Scan for the interactive map, which can show where you are as you walk.
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This is walk along very quiet country roads, past Restormel Castle and through fields and woods. It's an excellent walk for winter months when trees are bare, giving much clearer views of the castle and down the Fowey river valley. The route crosses some farmland so make sure dogs are on a lead.

Free parking is available in car park next to Lostwithiel Community Centre. From the entrance of the car park, cross the A390 onto Restormel Road and follow this as far as Restormel Farm. To the right of the farm are Restormel Manor and [holiday cottages owned by Duchy of Cornwall](#). Turn left up the hill to castle.



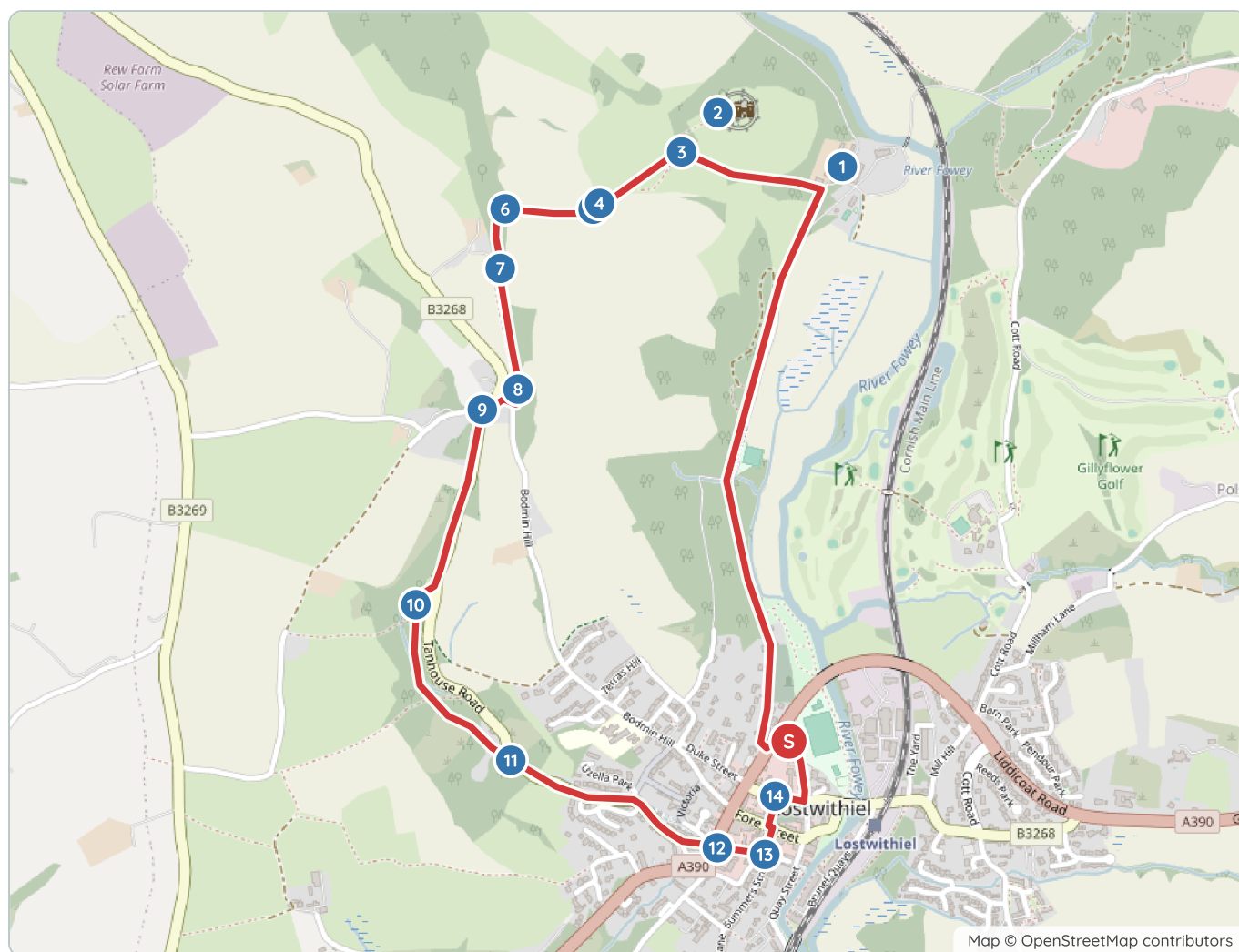
[Restormel Castle](#) is a 13th century circular shell-keep above the Fowey river valley, which is managed by English Heritage and open April to October

At Restormel Castle car park, go through the gate and head south-east up the field. Climb the stile and go through the kissing gate. Turn round for an aerial view (clearest in winter) of Restormel Castle and the Fowey river valley. Climb the stile and cross the top of the next field, then cross another stile to follow the footpath south along a ridge.

At the road, cross to the narrow track that runs along side the house. At the junction with Tanhouse Road, turn south into town. At the woods cross the small wooden bridge across the stream, and follow the footpath parallel to the road. The footpath rejoins Tanhouse Road on the outskirts of the town.

At the end of Tanhouse Road, cross the A390 onto South Street. The Cober river runs under South Street, covered with large granite slabs. At the junction with Church Lane, turn towards the Church and cross Fore Street to reach North Street. At North Street, turn towards the Fowey River, then into the Community Centre car park.

Route map



Along the way

The numbers match the pins on the map above. **S** marks the start.

S **Lostwithiel Community Centre** Free parking is available in the car park next to the Community Centre.

1 **Restormel Farm and Manor** Working farm and holiday cottages owned by Duchy of Cornwall.



2 **Restormel Castle** 13th century circular shell-keep above the Fowey river valley. Open April to October - see English Heritage.



3 **Gate into field** At the Restormel Castle car park, go through the gate and head up to the field to the stile in the corner, staying close to the south-east hedge. There are often sheep in this field - make sure dogs are on a lead.

4 **Stile into field** At the top of the arable field, climb the stile into the next field. There are often sheep in this field - make sure all dogs are on a lead.

5 **Stile and kissing gate** Climb over the stile and go through the kissing gate marked as a public footpath, into an arable field.

6 **Stile to ridge** Climb over the stile and turn south away from the house, following the footpath along a ridge.

- 7 Looking down towards Restormel Castle.



Photo courtesy of Tabitha Stafford

- 8 **Gate onto main road** At the main road, cross over and follow the narrow track that runs along side the house. Take care as cars move quickly on Bodmin Hill and Tanhouse Road.
- 9 **Tanhouse Road** When the little track joins Tanhouse Road, head south back into town.
- 10 **Tanhouse Woods** Turn into the woods across the small wooden bridge across the stream, and follow the footpath parallel to the road through the woods.

- 11 **Tanhouse Road** The footpath rejoins Tanhouse Road on the outskirts of the town.

- 12 **A390** At the junction with the A390, cross over onto South Street. The Cober river runs under South Street, covered with large granite slabs.

- 13 **Church Lane** At the junction with Church Lane, turn towards the Church and cross Fore Street to reach North Street.

- 14 **North Street** At North Street, turn east towards the Fowey River, then north into the Community Centre car park.

This walk online: lostwithiel.org.uk/see-and-do/visitor-guide/walks-and-paths/restormel-castle-walk/

More walks around the town: lostwithiel.org.uk/see-and-do/visitor-guide/walks-and-paths · Leaflet produced September 2026