

Lanhydrock Walk

Level, mostly paved and traffic free through fields and woodland.

DISTANCE	ROUTE	START	ONLINE
Lostwithiel to Lanhydrock: 2.7 miles (4.3km) Lanhydrock to Bodmin Parkway station: 1 mile (1.6km)	One-way walk	The car park at Lostwithiel Community Centre is free.	 Scan for the interactive map, which can show where you are as you walk.

The walk from Lostwithiel upstream along the Fowey river valley is level, mostly paved and traffic free. Follow Restormel Road past the turning to Restormel Castle and through Restormel Manor farm. The access-only paved road passes through wooded areas and fields.

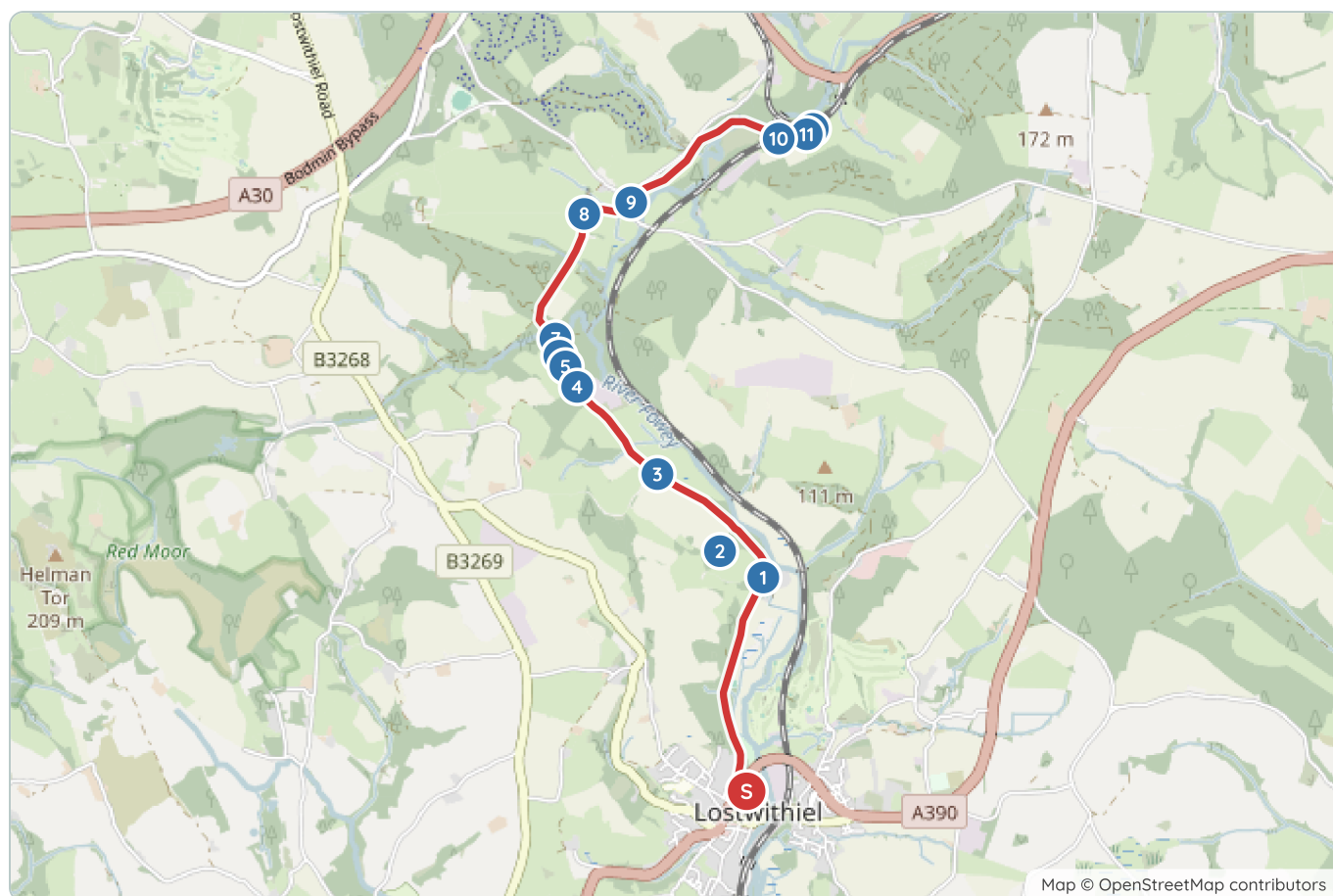
The road ends at the waterworks; go through double farm gates and across a field, then down a track across another field. A heavy gate marks the entrance to the Lanhydrock estate. A path through the woods will take you past farm buildings to the gatehouse at the end of the Lanhydrock House drive.



Visit Lanhydrock House and the National Trust cafe for refreshment before continuing through the beautiful grounds of Respryn to Bodmin Parkway Station. Cafe and toilets at the station. Check the [train timetables for services stopping at Lostwithiel](#).

Photos on the map by Rebecca Molyneux.

Route map



Along the way

The numbers match the pins on the map above. **S** marks the start.

S The car park at Lostwithiel Community Centre is free.

1 **Restormel Manor Farm** This is a working farm.

2 A very short detour will take you to Restormel Castle.



Credit: AtticTapestry (CC BY-SA 4.0) from Wikimedia Commons

3 Cross through the gate. The road up the hill is used during the annual Castle Hill Climb car event.



4 Go through the gate and follow the path through the field.



5 Please stick to the footpath going through this field. The crop is elephant grass, used as a biofuel.



6 Cross through the gate.



7 Go through the gate and turn left on the path.



8 **Respryn** Turn right towards the Respryn car park. Turn left to walk up to Lanhydrock House for refreshments.

- 9 **Respryn Car Park** The path goes off to the left of the car park.



- 10 **Bodmin Parkway** Go under the bridge to reach Bodmin Parkway railway station.

- 11 The gate leads to the station car park.



- 12 The cafe at the station has a great selection of cakes!



This walk online: lostwithiel.org.uk/see-and-do/visitor-guide/walks-and-paths/lanhydrock-valley-walk/

More walks around the town: lostwithiel.org.uk/see-and-do/visitor-guide/walks-and-paths · Leaflet produced September 2026