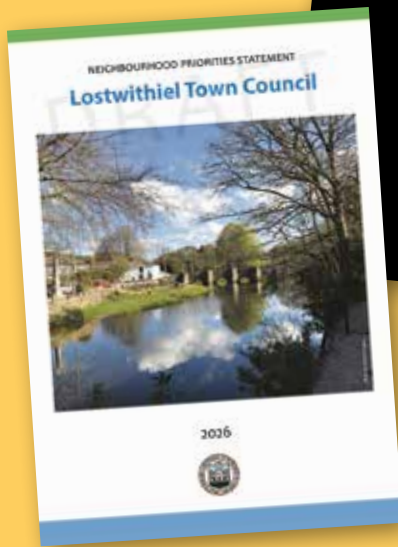


LOSTWITHIEL NEWSLETTER

The draft plan for Lostwithiel is out now...

...and we
really need
your feedback.



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It's called the **Lostwithiel Neighbourhood Priorities Statement** and it:

- Shares our vision for the town's future.
- Defines the types of housing developments we need for the future.
- Shows how we're trying to preserve Lostwithiel's history and heritage.
- Describes how we're trying to influence the type and look of newbuilds.
- Maps 32 sites around the town, assessing potential for development, parking and industrial use.
- Identifies those areas we hold dear and want to protect from development.

Please let us know your views before 23 November by completing the questionnaire you'll find in your printed document or online at lostwithieltowncouncil.gov.uk.

We're also holding three **community consultation events**:

Edgcumbe House – Saturday 17 October – 9-12am

The Guildhall – Monday 2 November – 4-8pm

Edgcumbe House – Wednesday 18 November – 12am-4pm

Thank you!



Lostwithiel Town Council

EITHER view it online at
lostwithieltowncouncil.gov.uk

OR collect
your copy from the
Community Centre,
the Medical and
Dental practices

WHAT'S ON WHERE - MARKETS, EVENTS & GROUPS - OCTOBER

LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

For latest updates on events and activities at the centre see facebook, www.lostwithielcommunitycentre.org.uk or ring 01208 872207.

ANTIQUES FAIR - Second Sunday of each month, Community Centre Main Hall 10am

CAR BOOT SALE - First Sunday of each month, Community Centre Main Hall 10am

POST OFFICE: Tuesday 12:30 - 2:30 & Friday 12:30 - 3:00

FRIENDSHIP CAFE: Thursday 1pm - 3pm

PRE-SCHOOL PLAYGROUP: Tuesday 9am - 12 noon

GARDEN CAFE: Open Monday - Friday until 3:30pm, Sat until 3pm. Homemade cakes, breakfast baps, £1 childrens menu.

COMMUNITY CENTRE CAR PARK

Mevagissey fresh fish van Fridays around 11am - 12 noon also Johns Fresh Fish van on The Parade every Monday 9am - 12 noon

SCOUT HUT (Main Car Park)

1st LOSTWITHIEL SCOUTS - boys and girls aged 10 - 14 years each Tuesday 7pm til 9pm

1st LOSTWITHIEL CUBS - boys and girls aged 8- 10 years) each Wednesday 6pm til 7:30pm

LOCAL PRODUCE MARKET - Lostwithiel Scout Hut, 4th Saturday of each month 10am - 1pm + Zero waste mobile shop.

ANTIQUES & COLLECTABLES MARKET - first Saturday each month, 10am - 1pm, contact Ann 07881 826032.

QUI GONG - 9:15 - 10:15am Mondays, sweetzersturt@icloud.com

WHOLISTIC YOGA - With Ariadne Fern, Mons 10:45-12:15, addy@theferns.info

MODELMAKING GROUP - all welcome, 1st Friday each month 6 - 8pm

LOSTWITHIEL YOUNG FARMERS CLUB - Monday evenings

RAINBOWS, BROWNIES ETC. - Check national websites for info

LOSTWITHIEL SHORT MAT BOWLS - Friday & Sunday 7 - 9pm contact secretary, Chris on 01208 871784 for more information

DRILL HALL (next to the Co-Op)

LOSTWITHIEL ARMY CADETS - Tuesday 6 - 8:30pm

CHURCH HALL (Church Lane)

Enquiries Rev. Sheila Bowden 01208 871344

TABLE TENNIS - Monday 6pm, Thursday 1:30pm

LIFE DRAWING - 7:30 - 9:30pm alternate Wed/Tues

MID CORNWALL PHOTOGRAPHIC CLUB - 1st & 3rd Weds, 7 - 9pm

LOSTWITHIEL BINGO FUNDRAISERS - Friday eve 6:30 for 7:30pm

GATEWAY CHURCH - 5pm Sundays

COMMUNITY CAFE - Fri 10am - 2pm, all welcome pay what you can.

LOSTWITHIEL METHODIST CHURCH

STITCHES GROUP - 1st & 3rd Thursday of the month 2 - 4pm

LOSTWITHIEL SOCIAL CLUB

Fore Street
Chair Sheila Bawden. All enquiries: sheilabawden2@gmail.com
facebook messenger or facebook page lostwithiel social club new
Telephone 01208 871344.

Function, Meeting and Conference rooms available for hire.

Bar Open: Wednesday with free pool from 6pm

Friday, Saturday and Sunday from 6pm.

Folk Jam 2nd Friday of the month.

CONTACTS

Lostwithiel Town Band: Musical Director: David Savage
Tel: 07943311348.

Bowling Club: Restormel Road 01208 871748

Health Visitor Under 5's Clinic: Penrice 01726 74969

Lostwithiel Badminton Club: Eddie Sugar 01208 871111

Boconnoc Cricket Club: Rob Trump 07902 895752 /
Phil Johns 07792 656480

Check www.lostwithiel.org.uk for up to date listings of events in and around Lostwithiel.

LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **Thursday 1st November 2026**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

palaceprinters@btinternet.com by 20th OCTOBER 2026

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873 187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

DISCLAIMER: Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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. VACANCY FOR A MUSEUM SECRETARY: As a key position within the Lostwithiel Museum Association Committee structure this is an interesting role offering a wide variety of opportunities. The role could easily be adapted and shared to suit individual skills, interests and needs. For more information please contact Christine Walton on 01208 871456.

. END OF SEASON: As we begin our final month of the season it's hard to believe that in a few weeks time we will be closing the museum for the winter period. Once again it's time to say a very big thank you to LMA volunteers, members and visitors — without whom the museum couldn't continue. If you haven't yet had an opportunity to come and see us you still have until Friday 30 October to squeeze in a visit. Behind the scenes the museum will continue to be a hive of activity as we catch up with essential maintenance issues and preparation for the new season. If any existing or new volunteers want to join us in these activities please don't hesitate to contact Christine Walton on 01208 871456.

. TOWN HERITAGE WALKS: With only a few weeks left to the end of the season a guided town heritage walk would be an excellent activity to include in the October half term holiday. The Wednesday walks start at 11.00am from outside the Community Centre in the main car park. Costing £5 (cash or card) per adult — no charge for children — the walk lasts for approximately 90 minutes. Thinking ahead to Christmas, the £5 Town Heritage Walks vouchers would make excellent gifts for family and friends. For more information please contact Pauline Gillett (Town Heritage Walks Co-ordinator) on 01208 872040.

. MUSEUM MATTERS MAGAZINE: Issue 21 of the in-house magazine is in the process of being distributed to LMA volunteers and members. For distribution queries please contact Richard Young (Editorial Team) on 01208 367051. We're currently considering inclusions for Issue 22 so if you have any interesting ideas to share please contact Christine Walton on 01208 871456.

. FRIENDS OF LOSTWITHIEL MUSEUM ASSOCIATION: Included in Issue 21 of the Museum Matters magazine is a Renewal Form for continuing your membership of LMA and a LMA Application Form for new members to complete and return to the Membership Secretary at the museum in Fore Street. The membership fee has been retained at £10 per household. This is remarkably good value for money — offering 2 magazines per year (Spring and Autumn) and an invitation to a complimentary Talk and Social event. By also completing the Gift Aid Declaration Form you will be helping LMA to claim an additional 25p for every £1 paid. The support you give by becoming a Friend of Lostwithiel Museum Association is vital to the continuation of this small independent museum. Thank you — your help is very much appreciated.

. MUSEUM WINDOW DISPLAY: Thank you to our volunteers and friends who helped create the characters for the Wind in the Willows window display. Mr Toad and his friends have since set up a temporary home in the library in Taprell House where they're involved in a special project to encourage children with their reading and writing skills. Please take a look at the current window display which is being used to highlight and promote our various museum achievements.

. LOST IN ART: We were delighted with the numbers of visitors who came to the museum during the Lost in Art event on 12 September. This was yet another success for the town, helping to put Lostwithiel and the museum on the map as a 'go to destination.'

. AGM: The LMA AGM will be held in Lostwithiel Methodist Church (next to the library at the top of North Street) on Tuesday 17 November 2026. Please note that this will be an afternoon event starting at 2.00pm.

Thank you for your interest and support.

Christine Walton (Chair)

Please follow us on Instagram (@lostwithiel_museum) and on x (lost-mus) or via our website www.lostwithielmuseum.org



Our September open meeting saw the popular return of Robin Dyer to challenge us to think about the upcoming US Mid-Term elections in November; what they are, how and

why they are important, what may happen and why we should be interested. After a presentation packed with information, we ended with the prediction that its likely to be a close run thing!

Our next open meeting will be on Monday 2ND November at 2pm in the Church Rooms – refreshments provided.

In a change to the previously promoted programme, we will now have a chance to learn about the history of the Battle of Trafalgar; the run up to the battle, a guide to how the battle was fought and something of the conditions between decks and the contribution made by women, together with the description of the post battle and its effect on the history of the whole of the 19th century and beyond.

Our speaker will be our own u3a member, Bernard Bonsey, Lieutenant Commander Royal Navy.

We are always pleased to welcome non-members to these open meetings to listen to the talk and find out more about our Lostwithiel u3a interest and activity groups.

There is more information about the u3a and how you can join on our website at www.lostwithielu3a.org.uk.

Contacts :

David Platt 07484 124490

Membership : Francoise Currie 07880 627545

Lostwithiel Rainbows

FOR GIRLS AGED 4-7 YEARS

We have returned to Rainbows after the summer holidays and we are looking forward to completing the activities that our Leaders have ready for us. We hope that some of these activities will include a badge to add to our collection.

If your daughter would like to join us then please contact us using the details below.

For more information on joining our Rainbow group please phone 0800 169 5901 or visit www.girlguiding.org.uk

Chapel Chat

¹⁰ For God, who gives seed to the farmer to plant, and later on good crops to harvest and eat, will give you more and more seed to plant and will make it grow so that you can give away more and more fruit from your harvest. 2 Corinthians 9:10 from the Living Bible

Church Activities for September at a glance

Oct. 4th Harvest Hymns and Readings

Oct 11th Café Church

Oct 19th Rev P. Benney, Holy Communion

Oct 24th Church Council at 10am

Oct 25th Café Church

Oct. 29th Coffee Morning 10.30 - 12

Stitches - Every 1st and 3rd Thursday 2-4pm

Music Appreciation – last Wed. of the month at 7.30

Old Cornwall Society - Last Tues. of the month 7.30

Lostwithiel Brownies

Lostwithiel Brownies age 7-10yrs

Our Brownie group has been very busy this term fulfilling a community project, earning badges and just having fun activities with friends.

If you'd like your daughter to join our Brownie group in September 2026 Please register your interest by phoning 08001695901 or visit www.girlguiding.org.uk



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Lerryn Memorial Hall, Fore Street, PL22 0PT

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LOSTWITHIEL GROWS

A community of growers sharing ideas and supporting each other to grow more
fruit and veg in our gardens and around town

Autumn gathering

October 2026

Celebrating this year's harvest

Sharing the summer's growing experiences

Planning initiatives for working together and supporting each other
next season

If you have some land, a garden or a sunny windowsill and would like to share
ideas and knowledge with a community of growers, please come along. This is
also a great opportunity to get advice and support if you are a new gardener.
Look out for the autumn gathering date coming soon ...

If you would like to get in touch, please email us at:
lostwithielgrows@gmail.com

Sally Kington

PGDip MCFHP MAFHP

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Saturday 24th October

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10-12

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Brydai, The Uplands, Lostwithiel

St Bartholomew's News

It is nice to see the grass green and I'm sure our farmers are welcoming new pasture for the animals. Do we still get an 'Indian Summer' as we always expected or are we now in for the extra rainfall the weather experts tell us about. So good to be able to get out into the garden again, though this year's yield is less than usual. I wonder how the plants have coped and are showing us that they are used to coping with stress. But, what have we done to our planet and will we ever be able to rectify our mistakes? Of course we can with a lot of dedication and hard work!

Our Celtic Eucharists continue at 10.00 every Thursday morning; a small and more intimate service with no hymns.

Sunday 4th will be our Harvest Festival Service at 11.00, so do come along and bring any offerings you want and help decorate the Church. Father Simon will be with us for this one. All produce goes to good causes. Our Harvest Experience visits will commence with all 3 schools taking an active part. If you would like to help please let Sheila Bawden, Brenda Gilbert or Father Simon know.

At 11.00 on Sunday 11th, we have a Eucharist Service with Father Simon. Then we hold Morning Prayer at 11.00 on Sunday 18th. Our last Service of the month is 25th at 11.00 and is a Eucharist with Rev. Hilary Spong.

We are now starting to host some entertainment for Autumn with some old favourites returning. Cornwall Wildlife Trust are organizing a concert on Friday 9th at 7.00. Always nice to catch up with their work with local wildlife.

Claire Vine will be with us once again on Wednesday 28th at 7.00 as part of the concert series organized by Daniel Woodfield.

Lastly, we are hoping to hold our Autumn Fayre in the Church Rooms on Saturday 3rd from 11.00 – 2.00 with all the usual stalls, refreshments and bacon baps (we hope)!

See you in Church!

Catholic Church Information

St Augustine's, St Austell: Fr Paul Keys 01726 73838
Mass times: Vigil(Sat) 6.30 Sundays: 8.30 & 10.30

St Mary & St Petroc, Bodmin: Fr Placidus Ezech 01208 72833
Mass times: Vigil (Sat) 5.30 Padstow Sundays 8.30 Wadebridge
10.30 am Bodmin 5.30 Tintagel

Resident Priest (Lostwithiel): Fr Robbie Low 01208 871517

Lostwithiel & District Floral Art Club

Our next meeting is on Wednesday 28 October at Lanhydrock Memorial Hall. Doors open at 2 pm and our meeting starts at 2.30 p.m. when we look forward to a demonstration entitled 'Autumn Splendours' by Angela Hyland. We hope you can join us for an instructive and interesting afternoon.

Lostwithiel Table Tennis Club meets every Thursday afternoon and Monday evenings (except when the Film Club is operating). Our club welcomes all players from complete beginners through to League players. We have three tables, bats, balls and lots of tea and biscuits - all for only £2 a session.

Please come along to the Church Rooms, Church Lane, Lostwithiel and have a go.

For more information and contact details visit:
www.lostwithieltabletennisclub.yolasite.com



Fowey River Lions



With the summer season now disappearing in the rear-view mirror, our thoughts are turning to the festive season. I know it seems much too early, but we need to hear from you if you would like to attend our free Senior Citizens' Christmas lunch on Thursday 3rd December at the Harbour Hotel in Fowey. The event is being funded through the wonderful sponsorship of our friends at The Co-op in Fowey and is open to any elderly resident living alone in the Fowey River Lions area. Numbers are limited so make sure you secure your place with us before 16th November by calling us on 0345 833 748, emailing us at Foweyriverlions@gmail.com or sending us a Direct Message on Facebook. Places will be allocated on a first-come, first-served basis. We look forward to welcoming you!



Looking back over the summer period, the Fowey River Lions have been busy supporting both the Par carnival and the Fowey Regatta. In Par, Roary the Lion and the team helped collect donations for the carnival organisers as the marvellous parade made its way around the streets. We were also delighted to help the Regatta organisers in the same way during the Flora Dance and Carnival procession, marshalling at the Classic Car Show and helping out at the Last Night of the Proms. During the carnival season we provided over 50 man-hours of support and all the money we collect during the parades go to the organising committees to support next year's events. The Lions are always happy to support these important local carnivals and look forward to continuing to play our part in years to come.

Once again we are collecting your used and unwanted eyewear, our boxes can be found in the usual places including Co-op and Boots in Fowey, Par Track Cafe, Lostwithiel Community Centre and Tywardreath Village Shop. Even broken spectacles are welcome as they can be stripped down for spare parts and the metal sold for scrap with the money raised going towards charitable eyecare projects. Please don't give us the cases or cloths though. Your old and unwanted spectacles are recycled and refurbished through Recycle for Sight – a global initiative helping people with vision problems in developing countries. Last year was hugely successful with Fowey River Lions collecting 5kg of unwanted eyewear, and we'd like to beat this figure this year.

Membership of the Fowey River Lions is open to anyone from the area. If you would like to know more about what we do, or how you can play your part in the Lions, please email us on foweyriverlions@gmail.com or why not come along to one of our meetings on the first Monday of the month at the Ship Inn in Par. You can keep up to date with the latest Lions news by following us on Facebook or Instagram.

Lostwithiel Old Cornwall Society

The AGM of the Lostwithiel Old Cornwall Society will be held at 7.00p.m. on Tuesday the 27th October. This will be followed by a talk from Jason Semmings about William Henry Paynter - The Witch Finder



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Fowey RNLI

On Thursday 27 August Falmouth coastguard tasked Fowey lifeboat station to launch the D Class lifeboat to investigate a report from a yacht of an upturned yellow kayak. Fowey's crew launched the lifeboat at 8:25am and proceeded to the location provided by the yacht. They confirmed the details with the yacht on scene, and located the kayak on rocks between Lantic beach and Little Lantic beach. They performed a search of the area looking for signs of people and activity or evidence, but found nothing. The kayak had signs of having been in the water for some time, and the crew recovered it and returned it to the station to prevent any other call-outs to it.

On Sunday 30 August the coastguard paged Fowey lifeboat crew to launch to reports of calls for help from two young people in the water at Golant. The crew launched the D class at 10:23am. A follow up call confirmed that the person was ashore on a small beach. The information was relayed to the helm and they subsequently confirmed that there were four adults and two children safely ashore with kayaks, and that no assistance was needed.

St Austell Coastguard and Fowey Harbour were also on scene. The lifeboat conducted a search of the shoreline and surrounding area as a precaution and was then stood down, returning to the station at 11am.

Our boathouse is still open to visitors and people have been enjoying having a close look at Fowey's D Class and Atlantic 85 lifeboats and getting some great photo opportunities. Come along and find out all about the work of the RNLI, what it's like to be a crew member and read up on the lifeboats' latest 'shouts'. Opening times: Monday, Wednesday & Saturday 11am – 3pm.

Keep up-to-date with all of our shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee



Memories of Lostwithiel When I Was Young, by Warren Nicholls.

Trains, Roads and Preparation for war.

In about 1937/8 Liddicoat Road was completed. It began by the Talbot Hotel crossing fields the river and railway line, and joining Grenville Road at the top of the hill.

Both bridges were built with local granite and one had the date stone cut on it.

A Pill box was built between the two bridges so all traffic had to go around, rather like a roundabout. It had Slit Holes or (Loopholes) facing in both directions where machine guns could be rested.

Opposite the Talbot Hotel, where houses are built, and just below Lostwithiel School, also at the junction of Cott road large concrete water tank was built, filled and covered with metal netting, but in time this was split and hundreds of stones, bits of rubbish were thrown in. It was several years after the war ended that this was cleared away.

If you are driving back from Plymouth using the ferry in the 40s you would know that the first river bridge you came to was Lostwithiel, and like Liskeard the main road went through the town. It would not be wide enough or strong enough for 20ton tanks or heavy lorries to cross, although the bus to Bodmin crossed six times a day. The building of the "bypass" before the war, was the first of several in the 50/60 s the traffic increased.

One morning just before 9am walking up North Street going to school, I heard a loud rumbling sound. It was a convoy of tanks pulling large guns, some amphibious vehicles, (ducks) and loaded lorries pulling smaller guns.

There were Military policeman at the top of both streets where children and adults were waiting to cross. However, the police did not want the vehicles to slow down, as there was a long hill ahead of the convoy.

Imagine going down the hill from No Man's land before the corner at the bottom was altered.

This went on for all day, but eventually there was a break in the convoy to cross the road. About lunch time the convoy was light vehicles, land rovers, trailers, water trucks, ambulances and more police and motor bikes keeping the convoy in order.

At the same time the ammunition shells stored along the verges were loaded on the largest vehicles which were parked wherever possible before all moving off.

There was shunting going on most nights, one morning there were light vehicles, containers on most of the lines. These all moved off a few days after and two Green Trains (Southern Railway) went through after the lunch time train had gone carrying service personnel. There were probably more during the night.

There are eight if us still alive who wandered up the hill to school, on the damp windy morning, not knowing it would be known as D day. Imagine the preparation for all of this, and this was only a very small part of the full invasion.

Read the next instalment next month.

Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans.

Royal Navy, Army, Royal Air Force, no matter how long or short your service was.

The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!

Wives, partners, children welcome.

Date - Sat 17th October

Time - 09.30am

Venue - Earl of Chatham

Lostwithielnews • OCTOBER 2026 • 7



"Dark Skies & Triangular Journeys"

An illustrated talk and journey

By

Mike Willmott, Bodmin International Dark Skies



5th November 2026

7.45pm Lerryn Memorial Hall

Everyone is welcome

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Fowey Harbour
HERITAGE SOCIETY

Cornwall before the Normans

A Talk by Michael Bunny

SQUIRES FIELD COMMUNITY CENTRE

Saturday, 26th September 2026 at 2pm



This talk explores Kernow's rich history from the Bronze Age to conflict with the Anglo-Saxons, exploring Cornwall's "Golden Age" after the Romans left, when a strong western British kingdom was centred in Cornwall.

Tickets on the door: Members free; Non-members £10

Includes complementary tea and coffee

Further information available from:-

kathpearce@gmail.com

www.foweyharbourheritage.org.uk

Annual Membership £18 or £30 for two adults at the same address



Nestled within Acorn Camping and Glamping in the beautiful Luxulyan Valley World heritage Site, The Hive is a welcoming space for coffee, cake, connection and adventure.

Whether you're stopping by after a woodland walk, exploring the valley with family, or simply looking for a peaceful place to unwind, The Hive offers seasonal menus. Picnic boxes, outdoor covered seating and a relaxed atmosphere surrounded by nature.

Home to Acorn Adventures CIC, we also host creative family events, nature trails, storytelling experiences, music and seasonal activities inspired by Cornwall's landscape and folklore.

- Woodland trails
- Coffee & homemade treats
- Family events & outdoor adventures
- Camping, Glamping & Hobbit Huts.



Sarah Preece, Lib Dem Councillor



Bringing Ideas Home from Conference

*Sarah Preece,
Liberal Democrat Member
for Lostwithiel and Lanreath*

It's autumn conference season, when politicians gather to discuss national, regional and local issues, debate policy and agree priorities for the future. I attended the Liberal Democrat Conference in Brighton for the first time since being elected in 2025. It is an intense few days of debates, briefings and meetings, providing an opportunity to step back from day to day council business and reflect on the bigger challenges facing the country and our communities.

As Cornwall Council's Cabinet Member for Tourism, Localism and Planning, I spent much of my time attending discussions about housing. Tackling the shortage of affordable homes and dealing with the continuing changes in national planning policy.

These debates felt particularly relevant to the communities across Lostwithiel and Lanreath. Residents regularly tell me about the difficulty young people face finding homes they can afford, express concerns about housing growth and the need to protect the character of our towns, villages and countryside. National policy can sometimes feel distant, but decisions made in Westminster have very real consequences for places like Lostwithiel and the parishes that make up our division.

I was also interested in discussions about active travel and the challenge of rural and coastal education. One motion argued that helping more people walk, wheel and cycle not only improves health, but reduces congestion and supports local economies. While our rural geography presents challenges, there are clear benefits in making it easier and safer for people to travel short distances without relying on a car whenever practical. Something perhaps we need to think about in regard to the challenges we face around school drop off.

One of the most uplifting sessions I attended focused on the importance of music education and the role music and culture plays in community life. I found myself thinking about our local festivals, performances, town bands and choirs, village halls and volunteer led organisations that help make this part of Cornwall such a special place to live.

These activities contribute far more than entertainment. They build connections between people, strengthen community wellbeing and help create the sense of belonging that underpins resilient communities.

Conference is also a reminder of how democracy works in practice. Members debate everything from major national issues to the detailed wording of policy proposals. It can sometimes seem an unusual process, but it reflects the importance of listening to different perspectives and finding common ground.

What struck me most, however, was how dependent democracy is on ordinary people who choose to get involved. Whether it's a loyal party member sitting in a darkened conference hall, a local person serving on a parish council, someone organising a community event, volunteering, campaigning on a local issue, or simply taking the time to vote. It all adds up, and it all matters.

Some say politics is broken but Conference reminded me that democracy is not something that happens elsewhere. It lives in our towns, villages and neighbourhoods, and in the everyday actions that strengthen the places we call home.

It's people's actions that make a difference and it's a testament to those who work quietly away to improve the bits they can for the benefit of all our communities.



The Benefice of Lostwithiel Parishes Services for October 2026

Sunday, 4 [Trinity 18]

Boconnoc	Holy Communion (BCP)	11.00am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Harvest Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Eucharist	9.30am
St Winnow	Harvest Eucharist	11.00am

Sunday, 11 [Trinity 19]

Boconnoc	To the benefice	
Bradoc	Eucharist	9.30am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	To the benefice	
St Winnow	To Bradoc	

Sunday, 18 [St Luke]

Boconnoc	Evensong	4.00pm
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Morning Prayer	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	Eucharist	11.00am
St Winnow	Family Eucharist	11.00am

Sunday 25 [Bible Sunday]

Boconnoc	Harvest Matins	11.00am
Bradoc	Harvest Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	
St Winnow	Evensong	5.00pm

Please check local noticeboards for any changes or additional services

Regular Weekday Services

Wednesdays - St Brevita - Evening Prayer at 5:15pm

First Thursday of each month - St Bartholomew -
Celtic Eucharist at 10:00am

Lanlivery, St Bartholomew's, St Veep, Bradoc
and St Winnow Church are open every day.

Boconnoc can be opened
by appointment with the churchwardens.

The Benefice of Lostwithiel Parishes

The Rector

Fr Simon Bone – 01208 640323

**Benefice administration office-open Monday-Wednesday morning
In St Bartholomew's Church Tel No: 01208 872232**



Lost In Film

Visit www.lostinfilm.org.uk to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. BYO drinks. Doors at 6.45pm, film at 7.30pm.

Wildling (PG) Monday 26th October

Documentary about a couple in SE England who decide to end centuries of farming and return the land to its natural, pre-human condition.



Lily & Belle

Ladies Who Lunch

16:9:26

DECOUPAGE SHELLS & JARS
WITH A LUNCH OF
MEDITERRANEAN PLATTERS

21:10:26

REAL FOOD GARDEN & LANTIC GIN
TALKS & TASTINGS WITH LUNCH FROM
THE GARDEN, WITH OPTIONAL COCKTAIL

18:11:26

CHRISTMAS RAG WREATHS
WITH A LUNCH OF HEARTY AUTUMNAL
STEWs AND BREADS

16:12:26

FLORAL TABLE DECORATIONS WITH A
CHRISTMAS FEAST

@ THE GUILDHALL LOSTWITHIEL

12 TO 3PM

£35 PP

<https://lilyandbelle.co.uk/ladies-who-lunch>





LOSTWITHIEL TOWN COUNCIL



Meet Councillor Karin Henderson



Being born & bred in our beautiful town, it was an honour to be Deputy Mayor, then elected Mayor from 2023-2025. I reopened both Edgcumbe House and The Guildhall for all to enjoy. I have been on the Council since 2015.

From the very start my passion and interest was planning which continues to this day. Some decisions are easy others are a little more detailed i.e housing whereby you then have to look at all frameworks, local and neighbourhood plans. My pride and joy is maintaining the memorial and horseshoe gardens on the Parade as this area is the prime location for events throughout the year so it's very important to keep it looking nice.



Lostwithiel Library



Opening times:
Wednesdays 10am to 4.30pm
Saturdays 9am to Midday

Books about India!!

Our volunteer has selected these titles especially for our display. We've got a great selection of Adult titles in the library. Come and have a look! You might discover your next great read!



Lostwithiel's Neighbourhood Priority Statement (NPS) Have Your Say on the Future of Our Town

The community consultation on the draft Neighbourhood Priorities Statement (NPS) runs from Monday 12th October to Monday 23rd November and we want to hear from you.

The NPS will help shape the future of our town, with the final approved document feeding directly into the Cornwall Local Plan. This is an important opportunity to tell us what matters to you and help influence future planning.

Printed copies of the draft NPS will be available to collect from the Library, Community Centre, Doctors' Surgery, Dentist & Penhaligons. You can complete the survey online via the Town Council's website, use a paper copy included with the printed document or download one from the Council's website. Completed paper responses can be returned to the Library, Community Centre, Co-op or Penhaligons.

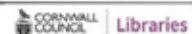
Please also come along to one of our consultation events

Edgcumbe House 17th October 9am - 12noon

Guildhall 2nd November 4pm-8pm

Edgcumbe House 18th November 12noon - 4pm

Please don't miss this opportunity to have your say, share your views and help shape the future of our town.



The Cornwall Reading Challenge 2026:



Congratulations to all of the children who have completed this year's Cornwall Reading Challenge at Lostwithiel Library.

We look forward to you taking part again next year!



2025:

Starters: 14

Finishers: 6

2026:

Starters: 56

Finishers: 34

Mayor's Surgery:

Saturday 31st October

10:00 - 11:00

Lostwithiel Library



LOSTWITHIEL TOWN COUNCIL SERVICES:

- The Parade
- The War Memorials
- Allotments
- Public Toilet
- Shirehall Moor
- Municipal Listed Buildings
- Parks & Play Areas
- Castle Hill Cemetery
- Car Parks

Contact details for your Town Councillors can be found on the Town Council website
www.lostwithieltowncouncil.gov.uk

South East Cornwall Labour Party

It's been a busy summer! Andy Burnham, our new Prime Minister, embarked on a tour of Britain which brought him to Colwyn farm near Truro, where he announced a £65 million support package for farmers affected by extreme drought conditions.

Andy and Leigh Frost, leader of Cornwall Council, exchanged some amusing pasty related messages before having a serious discussion about how the government will devolve more powers to Cornwall. If you visited Plymouth this summer, you will have seen the amazing improvements the Labour led council has made to Armada Way – wild flower meadows, streams and fountains have brought nature into the heart of the city and high quality play areas and seating have transformed the area into a family destination. Combined with a visit to, Museum of the Year, The Box, and Plymouth's many historic sights, the city is well worth a visit.

Anna held her recent Lostwithiel MP surgery in the lovely surroundings of the mayor's parlour in Edgecombe House. Her caseworker pop up office, which takes place in locations all round the constituency, will also be held there in due course – please check annagelderdmp.com for details of upcoming dates or phone 07783636284 to book an appointment.

Many constituents and Labour members will be relieved that, under Andy Burnham's leadership, the government is now taking a very clear stand against Israel's appalling, illegal treatment of the Palestinians in the West Bank, and the continued misery and suffering they are inflicting on those trapped in inhumane conditions in Gaza. Alongside this, the government has re-stated its condemnation of Hamas and also asserted that any form of anti-semitic behaviour affecting Jewish communities here, or in Israel, is completely unacceptable.

Anna is now parliamentary permanent secretary to Ed Milliband at the Foreign Office, so will be involved in the development of this policy.

Anna's office has organised a county wide Jobs Fair which will be held at the Eden Project on October 23rd. There will be hundreds of employers in attendance as well as further education and apprenticeship providers. This event is part of Labour's Youth Guarantee, which commits to tackling the high number of young people out of work by offering them targeted support, in conjunction with incentives to potential employers.

So, if you know any young person who is not in employment, education or training please encourage them to come along.
Diary dates :

All Member Meeting – online – 7.00 pm on Thursday 17th September – guest speaker Tudor Evans, Leader of Plymouth City Council
Jobs Fair – Friday 23rd October at the Eden Project
Sally Sweeney – Chair S/E Cornwall Labour Party

Lerryn Area Minibus Association



Lerryn Area Minibus Association (LAMA)

Providing community transport for people living in the Lerryn Area

October 2026

Trips leave from **Lerryn** and **Lostwithiel**, and return at the times shown below. It is essential to book your seat and arrange a pick-up point.

DATE	DESTINATION	TIME		RETURN FARE
Tue 6th Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£5.00 adult
Fri 9th Driver: Annie	Truro Shopping Trip	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£7.50 adult
Tue 13th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£5.00 adult
Sun 18th Driver: Annie	SPECIAL TRIP Mevagissey Shanty Festival	Lerryn Lostwithiel	11:30 - 18:30 11:45 - 18:15	£10.00 adult
Tue 20th Driver: Nick	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£5.00 adult
Tue 27th Driver: Michael	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£5.00 adult
Wed 28th Driver: Ed	SPECIAL TRIP Par Market and St Austell Special Shopping Trip	Lerryn Lostwithiel	09:30 - 13:30 09:45 - 13:15	£5.00 adult

Trips available to LAMA members and registered passengers only.
Under 18s travel half price.

For bookings, passenger registration and all queries, please call Jacquie on

01208 811175

LOSTWITHIEL GROWS

Would you like to include more fresh produce in your diet? Have you ever thought about local food security? Do you grow fruit and veg? Would you like to, but are unsure where to start?

Come along to our Autumn gathering
Sunday 4th October 2026
11am – 1pm

We are a diverse and informal group of growers and would-be growers sharing ideas and supporting each other to grow more fruit and veg in our gardens and around town

Grow more, share more!

We will be celebrating this year's harvest, sharing the summer's growing experiences, planning initiatives for supporting each other next season and generally chatting about growing and preserving. Please come along if you are interested

email us at:
lostwithielgrows@gmail.com



Lerryn Area Minibus Association



Mevagissey Shanty Festival

Sunday 18 October 2026 · 11:30 – 18:30

Join us for the last day of merrymaking at the Mevagissey Shanty Festival, which will be full of fun, laughter and singing (and maybe a glass or two of ale or rum). You can choose to wander around the various venues in the town, including a marquee on the harbour, or stay put in one of them.



See <https://www.lamaminibus.co.uk> for more details, or scan this QR code with your mobile phone.

BOOKING: Online booking or call 01208 811175

ADULT FARE: £10.00

Lost Run 7

The Rotary Club of Lostwithiel are delighted to say that as a result of the huge success of Lost Run 7 2025 it will be back this year.



Last year over 40 people from Lostwithiel entered and this year make it a bigger event by more local people entering. In total there were 181 runners who came from as far afield as North Devon, one from Worcester and one from London, and they enjoyed the 7km run on tarmac with beautiful views. This year the run will take place on Sunday 15th November with a 10.30 am start. The route will be the same and there will be a medal awaiting you at the end once completed.

A colorful poster for the Lost Run 7 event. It features a green background with a large white arrow pointing right. Inside the arrow, it says "LOST RUN 7" in large white letters. Below the arrow, it says "Sunday 15th of November" and "10.30am Start". To the right of the arrow is a small Rotary logo. Below the start time, it says "Register on Day at Lostwithiel Community Centre PL22 0HA By 10.15am". In the center, there is a box that says "7KM RUN £15 Per Person To include a Medal TARMAC / HARD SURFACE". To the right of this box is a small illustration of a flock of birds. Below the box, it says "TO REGISTER VISIT: https://www.evententry.co.uk/lost-run-7". To the right of this is a red circle that says "Proceeds to The Rotary Club of Lostwithiel Charities". At the bottom, there is a silhouette of four runners in various colors. To the right of the runners is a box that says "Sponsored by .. RESTORMEL INSURANCE SERVICES". At the very bottom, there is a small logo for "MCCORMACK & PARTNERS" and the address "15 Park Street, PL22 0BA".

Numbers are restricted to 300 so don't miss out register now online using this reference: <https://www.evententry.co.uk/lost-run-7>. The cost will be £15.00.

If you are not a runner then why not come and be a Marshal. Last year we had a pink unicorn as a Marshal so it could be you this year. Alternatively the runners love spectators. The more encouragement they get the better so come and be a spectator.

So let's make Lost Run 7 this year 2026 even bigger and better so it can be an annual event and put Lostwithiel on the map as a running destination.

If you want to be a Marshal please contact Rotarian Barry Mills, bm.mills@hotmail.com or 07968556494. OR Rotarian Paul Bassett, paul@apbassett.co.uk or 07809647842. We look forward to hearing from you.

Dictionaries for Life presented to Lostwithiel Schools

The Dictionaries for Life project is part of Rotary's commitment to supporting education. It helps children learn new words, develop a love of reading, and build strong learning skills for the future. It is targeted at children aged between 7-8 years.

After a number of years absence The Rotary Club of Lostwithiel have visited schools in their area and donated 80 Usborne Illustrated English Dictionaries.

The schools that have benefitted are, Lostwithiel Primary School, St Winnow Church of England School, Lerryn Church of England School and Lanlivery Primary Academy.

The idea is that the dictionaries are kept in the same class so all the children as they go through the school benefit. They were presented to each school by President Tom Barker and also present was Rotarian Barry Mills, Chair of the Community and Vocational committee who came up with this initiative.

The picture shows four students from Lostwithiel Primary School being presented the dictionaries by President Tom Barker. Once they received them they sat and started reading them.

Whilst in the schools the Rotarians took advantage of the hospitality and spoke of the various competitions that young people can enter within the Rotary organisation. These include Young Artist, Young Writer, Young Chef, Young Musician, Young Photographer and many others. Details of how to enter were left with the teachers and hopefully there will be uptake.

Last year a Lostwithiel student won The National Young Artist Award. If you are sat at home and feel you could be capable of winning such an award in the categories listed why not have a go. The competitions are age related. You don't have to go through the school.

Contact The Rotary Club on: youth@lostwithielrotary.co.uk



Discover the Secret Life of Hedgehogs



Did you know that hedgehog numbers in the UK have declined significantly in recent decades? These much-loved garden visitors face many challenges, from habitat loss and busy roads to litter and gardening hazards. Yet there is plenty that local communities can do to help.

Prickles and Paws Hedgehog Rescue is offering engaging and informative talks for community groups, parish organisations, Women's Institutes, U3A groups, Rotary clubs, gardening clubs, church fellowships, and other community organisations across Cornwall.

Our talks take audiences on a fascinating journey into the world of Britain's only native spiny mammal. Discover how hedgehogs live, what they eat, the challenges they face, and the simple changes we can all make to create safer, more wildlife-friendly gardens and communities.

Topics include:

- The natural history of hedgehogs
- Why hedgehogs are declining
- Common dangers faced by hedgehogs
- How local people can help wildlife in their own gardens
- The work of Prickles and Paws Hedgehog Rescue
- Memorable rescue stories and rehabilitation successes
- What to do if you find a sick or injured hedgehog

Our talks are suitable for all audiences and are designed to be informative, entertaining, and inspiring. They include photographs, videos, and opportunities for questions and discussion.

To protect the welfare of the hedgehogs in our care, we do not bring live animals to talks. However, audiences enjoy exclusive behind-the-scenes insights into the rescue's work and the remarkable journeys of hedgehogs from admission through to release back into the wild.

Community talks can be delivered in person within Cornwall or online, making them accessible to groups of all sizes throughout the year.

By booking a talk, your group will not only enjoy a fascinating event but will also be helping to support the ongoing work of caring for sick, injured, and orphaned hedgehogs across Cornwall.

For more information or to arrange a talk, please contact:

Prickles and Paws Hedgehog Rescue

Email: emma.brown@pricklesandpaws.org

Website: www.pricklesandpaws.org

Together, we can help ensure that future generations continue to enjoy the sight of hedgehogs snuffling through our gardens and countryside.

Lostwithiel Cancer Support Group

14:00-15:30
2nd Wednesday
of every month

Lostwithiel Community Centre
Pleyber Christ Way,
Lostwithiel PL22 0HE

Everyone is Welcome.
We are a social group
that meets for coffee,
cake and a chat with
people in similar
situations.

Free
refreshments,
advice and
information

Carolyn Screech
communitycancercafes@outlook.com
Telephone: 07887851714

Lostwithiel Community Centre

TABLE TOP SALE

Browse treasures and bargains — all indoors, whatever the weather!

1ST SUN OF THE MONTH
10AM - 2PM
6 Sept
4 Oct
1 Nov

Our Café will be serving hot drinks, cakes and light lunches.

Per Table
£7.00
£12 for 2 tables

Find out more: <https://www.lostwithielcommunitycentre.org.uk/>
Phone: 01208 872207

Ofsted report praises Lostwithiel Primary School pupils as exceptional

The school's inspection report praises behaviour as 'impeccable' and commends the school in all its judgments. "Staff's exceptional care, support and expertise" mean pupils "simply love coming to school."

So begins a glowing Ofsted report for Lostwithiel Primary School. Amid ongoing national and regional struggles with school attendance since the Covid pandemic, there can surely be no better praise. Yet the report goes on to highlight a raft of strengths that underpin this success.

The inspectorate's new-style reports no longer give a summary one-word judgment, like 'Good' or 'Outstanding', but it's clear to see the inspectors loved what they saw when they visited Lostwithiel School in June this year.



The new report judges the school in seven categories: 'behaviour and attendance', 'achievement', 'curriculum and teaching', 'early years', 'inclusion', 'leadership and governance', and 'personal development and wellbeing'.

It gives its top 'Exceptional' rating for Attendance and Behaviour – Lostwithiel being one of only 2% of schools nationally to have been awarded this grade. In all other areas the school was judged to be 'strong' in what reads as a glowing report card for the school.

The report notes that Lostwithiel's pupils "typically achieve above the national average in reading, writing and mathematics. Disadvantaged pupils also achieve well."

It also says that "The school has strengthened the wider curriculum since the last inspection [in May 2022]. It is now an ambitious and broad curriculum across all subjects".

Crucially, it also praises Lostwithiel School's teachers, who "expertly support pupils with special educational needs and/or disabilities and those who face other barriers."

"Any child who needs it gets targeted teaching, so no one falls behind," it notes.

Needless to say, this is a massive success for the school and our whole community. It means children and families are getting an exceptional start to their educational journey regardless of their starting points, and every learner starts secondary school with the best possible experiences and results.

Headteacher, Elaine Badger said:

"We are absolutely delighted with the outcome of our inspection – it reflects the hard work and dedication of our staff to provide an exceptional educational experience for our pupils. Our team know

that Lostwithiel Primary is a very special place and the inspectors recognised and celebrated this during their time with us. We are incredibly proud."

The report also singles out "those responsible for governance" as providing "robust challenge and support," ensuring that "the school moves in the right strategic direction".

For Lostwithiel School, that is Cornwall Education Learning Trust, or CELT. Responding to the report, the trust's CEO, Dan Morrow said:

"We couldn't be prouder of what Lostwithiel School has achieved. This is their success, and it is richly deserved.

"As a trust, CELT exists to support schools to be all that they can be for children, families and communities. So it's great to see that inspectors recognised our approach is effective, especially the excellent training and development we offer all our teachers through our Centre of Excellence, our focus on wellbeing and our efforts to reduce workload.

"But what makes this kind of success possible is that we don't tell schools what to do. Instead, we try to provide what they say they need, and we create the space for them to support each other by sharing their strengths.

"Lostwithiel's team are already sharing theirs with other schools across CELT and well beyond our trust, and this report is a testament to their hard work."

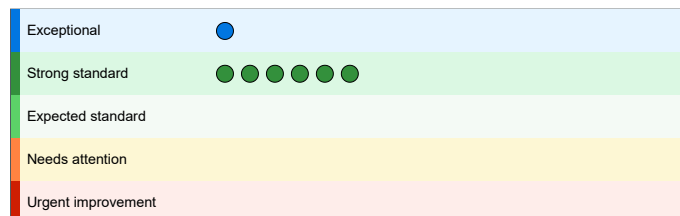


Lostwithiel School

Address: Bodmin Hill, Lostwithiel, Cornwall, PL22 0AJ

Unique reference number (URN): 142241

Inspection report: 2 June 2026



✓ Safeguarding standards met

The safeguarding standards are met. This means that leaders and/or those responsible for governance and oversight fulfil their specific responsibilities and have established an open culture in which safeguarding is everyone's responsibility and concerns are actively identified, acted upon and managed. As a result, pupils are made safer and feel safe.

How we evaluate safeguarding

When we inspect schools for safeguarding, they can have the following outcomes:

- Met: The school has an open and positive culture of safeguarding. All legal requirements are met.
- Not met: The school has not created an open and positive culture of safeguarding. Not all legal requirements are met.



LOSTWITHIEL
COMMUNITY CENTRE

BOO!

HALLOWEEN PARTY

Children's Disco

FRI 30TH OCTOBER
3:30 – 5:30

£2
PER CHILD

- Tuck shop
- Hot food
- Glitter tattoos
- Prize for best fancy dress (children and adults)
- Disco
- Crafts

Tickets available at
lostwithielcommunitycentre.org.uk

★ LOST IN PANTO ★

★ RAFFLE ★

Volunteer NEEDED!



Could you lead on this year's panto raffle and help us bring back the best raffle yet?

We're looking for a volunteer to help source prizes, connect with local businesses and organise the raffle, with support from the panto team.

INTERESTED?
Email chair@lostwithielcommunitycentre.org
or send us a message on Facebook.



**EVERY
FRIDAY**

All are welcome
for a lighthearted
kick about!

Men's Walking Football

1:30-2:30PM
£5 per session

Pop in on Fridays for men's walking football — a great way to stay active, have fun and connect with others. Whether you've played before or are trying it for the first time, everyone's welcome. Just turn up — no booking needed.

www.lostwithielcommunitycentre.org.uk
Pleyber Christ Way, Lostwithiel, PL22 0HE

LOSTWITHIEL YOUNG FILMMAKERS CLUB

RETURNS!

**FOLLOWING THE TASTER SESSION EARLIER IN THE
YEAR, WE'RE BACK!**

LOSTWITHIEL YOUNG FILMMAKERS CLUB IS AN OPPORTUNITY TO LEARN REAL FILMMAKING SKILLS IN A FUN AND SUPPORTIVE ENVIRONMENT

THE OASIS ROOM,
LOSTWITHIEL COMMUNITY CENTRE

TUESDAYS AFTERSCHOOL (3:45 - 5:45 PM)

1ST SEPTEMBER - 20TH OCTOBER
(WITH A WEEK OFF 22ND SEPTEMBER)

WHILE TERM TIME DOES NOT START UNTIL AFTER THE 1ST FOR MOST SCHOOLS, THE 1ST WILL SERVE AS AN INTRODUCTION DAY

£40 (7 SESSIONS)

AGES 10 - 16

PLEASE REGISTER BY EMAILING comcentre.filmaking@proton.me AND PAYMENT INFORMATION WILL FOLLOW



October at the Community Centre

October is here, the leaves are beginning to change and the days are getting shorter. With the children back at school and most of our regular activities back after the summer break, the Centre is once again feeling very full of life.

It's been wonderful to see so many people coming through the doors – whether that's for a class or group, to meet friends, or simply to stop for a coffee and something to eat.

Friday afternoons at the Centre

Our Friday late opening is continuing through the autumn, with the café staying open until 6.30pm during term time.

It's become a lovely end to the week, particularly with so many children's activities happening at the Centre after school. If you're dropping someone off, there's no need to disappear and come back – you're very welcome to stay in the café, have a coffee and catch up with friends.

The tuck shop and milkshakes have proved very popular, and as the weather gets cooler we'll be bringing out the hot chocolates alongside delicious cakes from Esther's Cupcakery.

What's happening in October

There's plenty going on this month.

Our Young Filmmakers Club continues on Tuesdays from 3.45–5.45pm until 20 October. It's been lovely to see the club so well attended, with young people learning the different sides of filmmaking and having a go at making films of their own.

Growing Better Gardens will be back on Saturday 24 October, 10am–12pm, for their end-of-season plant sale, and our Table-Top Sale returns on the first Sunday of the month 10-2pm. It's £7 to book a table via our website and free to come along and browse for treasures.

Then on Friday 30 October, we're having a Halloween Party at the Centre, with a DJ and disco, arts and crafts, hot food and prizes for the best costumes. Tickets are just £2 and are available through our website.

Our regular groups are also continuing throughout the autumn, including Walking Football on Fridays 1:30-2:30pm, the Parkinson's Group on the first Wednesday of the month 1:30-3:30pm, and our ever-growing Friendship Group every Thursday afternoon 1:00-3:30pm. As always, you can find details of what's happening each week on our Facebook page and website.

AGM and drinks reception – Thursday 15 October, 7pm

A reminder that our AGM will now take place on Thursday 15 October at 7pm – this is a change from the date we previously advertised.

It's a chance to hear a little more about what's been happening at the Centre, some of the things we're working on behind the scenes and our plans for the coming year.

We'll follow the meeting with a small drinks reception in the café, so do come along and stay for a drink and a chat afterwards. We'd really like to see you.

Looking towards winter

It might feel slightly early to mention Christmas, but preparations are already well underway!

The cast and dancers for this year's Lost in Panto are busy rehearsing, and we're still looking for someone – or perhaps a small team – who would enjoy taking the lead on this year's panto raffle, helping us find prizes and getting local businesses involved. If you could help, please message us or email chair@lostwithielcommunitycentre.org.

There's more being planned too. Breakfast with Santa will be on 12 December, and from 14–17 December, Santa will be making his way around Lostwithiel with the Rotary. We'll share much more about all of that next month.

And a small reminder to our regular hirers...

As the Centre gets busier again, we'd really appreciate everyone remembering to book for all the time you actually need the room – including setting up beforehand and packing away afterwards. That includes the few extra minutes at the end while everyone gathers coats, changes shoes and leaves the building. You can book in 15-minute increments, so you only need to add what you need. Please also leave rooms ready for whoever is coming in next – chairs and equipment put away, rubbish cleared and lights switched off.

We've also had a few card payments fail recently, so if you have a card registered for your bookings, please make sure it's up to date and that there are sufficient funds available when payment is taken. These are little things, but they make a big difference to our volunteer team and help us keep everything running smoothly.

Thank you, as always, to everyone who uses, supports and helps look after the Centre. We hope to see you sometime in October.

JOIN OUR TEAM!

SECRETARY (TRUSTEE) ROLE

SUPPORTING OUR STRONG GOVERNANCE

We're looking for someone to help support the smooth running of the Community Centre through good record-keeping.

The role involves attending one board meeting per month, recording minutes, maintaining charity records, and supporting the trustees in meeting governance and compliance responsibilities.

Please email Chair@lostwithielcommunitycentre.org or visit 'Get Involved' on the Centre's website for more info.



www.lostwithielcommunitycentre.org.uk
Pleyber Christ Way, Lostwithiel, PL22 0HE

LOSTWITHIEL COMMUNITY CENTRE

**15 OCT
2026
7PM**

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We don't offer mixed group walks but offer same family group walks or solos so your dog gets full 1-2-1 attention.

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Par office team: 01726 812271
parsales@oceanandcountry.co.uk
www.oceanandcountry.co.uk

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& Country**

USEFUL INFO & CONTACTS

LOSTWITHIEL MEDICAL PRACTICE - NORTH STREET SURGERY
01208 872 589 8am- 6.30pm Please ring to request an appointment.
For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. www.lostwithielmedicalpractice.nhs.uk

CORNWALL BEREAVEMENT SUPPORT: For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see www.cornwallbereavementnetwork.org. To speak to someone about emotional support available ring **01726 829 874** 10am - 6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am-4pm Monday - Friday.

HEALTH & MENTAL WELLBEING SUPPORT: abichanning@nhs.net Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE : 0800 038 5300 This service is there for everyone.

CITIZENS ADVICE, BODMIN - Ring **0800 144 8848** Mon-Fri 10am-4pm www.citizensadvicecornwall.org.uk Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am-11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am-4pm

ST AUSTELL FOODBANK - If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: info@staustell.foodbank.org.uk www.staustell.foodbank.org.uk for general info or to set up a cash donation.

CORNWALL COUNCIL - Ring 0300 1234 100 or see their website www.cornwall.gov.uk for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL Ring **01208 872 368**

CARRIAGE WORKS DENTAL PRACTICE - Ring **01208 873290** or email enquiries@lostwithieldental.co.uk

PELYN VETS - 01208 872 254

VOLUNTEER CORNWALL - 01872 265 305 For volunteer befrienders.

SILVERLINE- for older people Ring **0800 4708 090**



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