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**MARCH 2026**

**FREE**

# LOSTWITHIEL NEWSLETTER



**ROTARY CLUB OF  
LOSTWITHIEL**



# CHARITY BEER FESTIVAL

**LOSTWITHIEL COMMUNITY  
CENTRE**

**Saturday 14<sup>th</sup> March 11.00am – 10.30pm**

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# WHAT'S ON WHERE - MARKETS, EVENTS & GROUPS - MARCH

## LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

For latest updates on events and activities at the centre see facebook, [www.lostwithielcommunitycentre.org.uk](http://www.lostwithielcommunitycentre.org.uk) or ring 01208 872207.

**ANTIQUES FAIR** - Second Sunday of each month, Community Centre Main Hall 10am

**CAR BOOT SALE** - First Sunday of each month, Community Centre Main Hall 10am

**POST OFFICE:** Tuesday 12:30 - 2:30 & Friday 12:30 - 3:00

**FRIENDSHIP CAFE:** Thursday 2pm - 4pm

**PRE-SCHOOL PLAYGROUP:** Tuesday 9am - 12 noon

**GARDEN CAFE:** Open Monday - Friday until 3:30pm, Sat until 3pm. Homemade cakes, breakfast baps, £1 childrens menu.

## COMMUNITY CENTRE CAR PARK

Mevagissey fresh fish van Fridays around 11am - 12 noon also Johns Fresh Fish van on The Parade every Monday 9am - 12 noon

## SCOUT HUT (Main Car Park)

**1st LOSTWITHIEL SCOUTS** - boys and girls aged 10 - 14 years each Tuesday 7pm til 9pm

**1st LOSTWITHIEL CUBS** - boys and girls aged 8- 10 years) each Wednesday 6pm til 7:30pm

**LOCAL PRODUCE MARKET** - Lostwithiel Scout Hut, 4th Saturday of each month 10am - 1pm + Zero waste mobile shop.

**ANTIQUES & COLLECTABLES MARKET** - first Saturday each month, 10am - 1pm, contact Ann 07881 826032.

**QUI GONG** - 9:15 - 10:15am Mondays, [sweetzersturt@icloud.com](mailto:sweetzersturt@icloud.com)

**WHOLISTIC YOGA** - With Ariadne Fern, Mons 10:45-12:15, [addy@theferns.info](mailto:addy@theferns.info)

**MODELMAKING GROUP** - all welcome, 1st Friday each month 6 - 8pm

**LOSTWITHIEL YOUNG FARMERS CLUB** - Monday evenings

**RAINBOWS, BROWNIES ETC.** - Check national websites for info

**LOSTWITHIEL SHORT MAT BOWLS** - Friday & Sunday 7 - 9pm

contact secretary, Chris on 01208 871784 for more information

**DRILL HALL** (next to the Co-Op)

**LOSTWITHIEL ARMY CADETS** - Tuesday 6 - 8:30pm

**CHURCH HALL** (Church Lane)

Enquiries Rev. Sheila Bowden 01208 871344

**TABLE TENNIS** - Monday 6pm, Thursday 1:30pm

**LIFE DRAWING** - 7:30 - 9:30pm alternate Wed/Tues

**MID CORNWALL PHOTOGRAPHIC CLUB** - 1st & 3rd Weds, 7 - 9pm

**LOSTWITHIEL BINGO FUNDRAISERS** - Friday eve 6:30 for 7:30pm

**GATEWAY CHURCH** - 5pm Sundays

**COMMUNITY CAFE** - Fri 10am - 2pm, all welcome pay what you can.

## LOSTWITHIEL METHODIST CHURCH

**STITCHES GROUP** - 1st & 3rd Thursday of the month 2 - 4pm

**LOSTWITHIEL SOCIAL CLUB** Fore Street

[lostwithielsc@gmail.com](mailto:lostwithielsc@gmail.com) bookings & info [b.greswell@btinternet.com](mailto:b.greswell@btinternet.com)

[sheila.stevens@btinternet.com](mailto:sheila.stevens@btinternet.com) or via facebook

New Meeting & Conference rooms available for hire

Friday & Saturday: Bar open 7pm

Free pool night Wednesday 7pm

Bingo with Paul Sweet every Sunday, eyes down 7pm

Quiz Night 1st Friday of the month

Folk Jam 2nd Friday of the month

## CONTACTS

**Lostwithiel Town Band:** Musical Director: David Savage  
Tel: 07943311348.

**Bowling Club:** Restormel Road 01208 871748

**Health Visitor Under 5's Clinic:** Penrice 01726 74969

**Lostwithiel Badminton Club:** Eddie Sugar 01208 871111

**Boconnoc Cricket Club:** Rob Trump 07902 895752 /  
Phil Johns 07792 656480

Check [www.lostwithiel.org.uk](http://www.lostwithiel.org.uk) for up to date listings of events in and around Lostwithiel.

## LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **Wednesday 1st April 2026**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

**[palaceprinters@btinternet.com](mailto:palaceprinters@btinternet.com) by 20th March 2026**

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

**DISCLAIMER:** Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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. **LOOKING FORWARD:** With Easter being earlier this year the museum will be re-opening to visitors on Monday 30 March. We very much look forward to welcoming you from Mondays to Fridays between 10.30am and 4.30pm — and on Saturdays from 1.00pm until 3.00pm — until the end of the season on 30 October. There's a lot to do behind the scenes so it's all systems go in preparation for your visit.

. **VOLUNTEERS:** To be associated with a successful organisation is something to be proud of — and how reassuring it is to know that the time and effort contributed by our volunteers is genuinely appreciated by our visitors. A very special thank you to our team of volunteers without whom this small independent museum simply wouldn't exist. If you would like to be part of this special team please contact Christine Walton on 01208 871456 or Maggie Lancaster on 01208 873093 for more information.

. **PRE-SEASON SOCIAL EVENT:** All museum volunteers are invited to attend a pre-season get-together in Q Street Cafe. We are looking forward to having this opportunity to socialise with you at the end of our winter closure period — so look out for your email invitation.

. **LAUNCH OF NEW PUBLICATION:** An Act of Atrocity is the new title for our latest in-house publication. This is a revised version of The Story of Joseph Burnett, the Peace Officer who was shot and fatally wounded in Lostwithiel in 1814. Written by Geoff Barratt and compiled by Michael Furminger (both museum volunteers) this true local story is a not to be missed compelling read. Copies will be available for sale at the pre-season social event for museum volunteers — and in the museum during the open season.

. **MUSEUM MATTERS MAGAZINE:** Issue 20 of this popular in-house magazine is due to be distributed during the early Spring to the Friends of Lostwithiel Museum Association, and for museum volunteers to collect from the museum — also on sale in the museum during the open season. A special thank you to Alison Hurst, Amanda Allan, Heather Bishop, Gill Parsons, David Guiterman and Michael Furminger for their various contributions.

. **TOWN HERITAGE WALKS:** Our increasingly popular Town Heritage Walks are led by a team of experienced and knowledgeable Guides who can help you find the answers to all those questions you've been meaning to ask. With history in every stone the abundance of fascinating stories to be told will never disappoint. There is no need to book in advance unless you're a group and have some special requirements — in which case please contact Pauline Gillett on 01208 872040. From Wednesday 3 April until Wednesday 28 October the regular weekly walks start from outside the Community Centre at 11.00am.

. **GIFT VOUCHERS:** If finding the right gift for family or friends is sometimes a struggle, a £5 voucher for a Town Heritage Walk could be just the answer you've been looking for. Gift Vouchers can be purchased from the Town Heritage Walks Guides and are also available in the museum — just ask the Steward on duty.

. **WINDOW DISPLAY:** Welcome to Lostwithiel Bowling Club who have taken over our 'Window on the High Street' to showcase what they've been up to during the past 100 years — and hopefully attract some new members to join them.

With my thanks to you all, Christine Walton (Chair)

Please follow us on Instagram (@lostwithiel\_museum) and on Twitter (@lostmus) Facebook or via our website [www.lostwithielmuseum.org](http://www.lostwithielmuseum.org), and Twitter at <https://.com/lostmus> and Facebook

## Lostwithiel Bowling Club Is Celebrating Its Centenary



Lostwithiel Bowling Club start their Centenary Year when the green opens on Saturday, 18th April and have several special events organised throughout the summer including a tournament with other clubs and a celebratory BBQ for members and their families.

### BOWLS IS FOR EVERYBODY



We also hold open sessions when anyone can come and try the game and have fun:

- Saturday, 2nd May (10.00am-1.00pm)
- Sunday, 3rd May (1.00-4.00pm)
- Sunday, 10th May which will be a ladies-only afternoon (More details to follow)
- Every 2nd and 4th Friday evening from 6pm, starting 12th June

Our friendly club has a beautiful and tranquil setting and we look forward to welcoming you.

If you would like more information please contact Penny, our secretary, 01208 873169 or [penny981@btinternet.com](mailto:penny981@btinternet.com)

## Lostwithiel Rainbows

### FOR GIRLS AGED 4-7 YEARS

At the time of writing we haven't been on our trip so we will tell you about it next month but we know we are joining other Rainbows, Brownies and Guides from our area to celebrate 100 years of The World Association of Girl Guides and Girl Scouts (WAGGGS) which we are looking forward to.

If your daughter would like to join us then please contact us using the details below.

For more information on joining our Rainbow group please phone 0800 169 5901 or visit [www.girlguiding.org.uk](http://www.girlguiding.org.uk)



## Lost In Film

Visit [www.lostinfilm.org.uk](http://www.lostinfilm.org.uk) to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. BYO drinks. Doors at 6.45pm, film at 7.30pm.

### The Phoenician Scheme (15) - Monday 30th March

Another meticulously staged production by Wes Anderson starring Benicio Del Toro as wealthy businessman Zsa-zsa Korda.



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# MINI LOSTFEST FUNDRAISER

Sunday 15 February 2026  
3 PM - 9 PM

## Get ready for LostFest with our wonderful Mini-LostFest Event Packed full of live music!

**VENUE** St Bartholemew's Church, Lostwithiel

**TICKETS ONLY £15 Kids £5**

Advance tickets:

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Buy on the door

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Wristbands will be provided for re-entry



LostFest is a hugely popular FREE festival held annually in May in the heart of Lostwithiel. It is a non-profit event run entirely by volunteers.

**BUT IT IS NOT FREE TO RUN!**



Please support this fundraiser featuring fantastic local musical acts to help keep LostFest thriving in the future. Bar and food available all day.



### Sponsors & Partners



Follow us on social media to keep up-to-date with all things LostFest! @LoveLostFest or visit our website [lostFest.co.uk](http://lostFest.co.uk)

# FOWEY



# Lifeboats

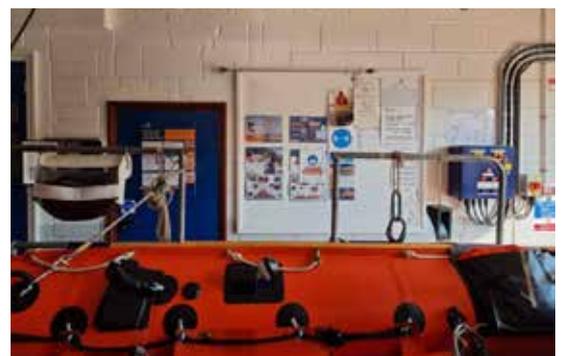
## Open Boathouse Volunteer Opportunities

**We're recruiting for volunteers to join our open boathouse team.**

You will promote the work of the station and the RNLI to visitors to the station providing information about Fowey's two lifeboats and their lifesaving rescue work as well as station history and the RNLI in general.



- Show visitors round the boathouse and inform them about our D class inshore lifeboat
- Take visitors down to the pontoon to view our Atlantic 85 lifeboat
- Create a welcoming and friendly atmosphere for visitors
- Promote the work of the RNLI
- Cash up from donations
- Be part of a friendly volunteer team
- Induction and training provided
- 2-3 duties per month (2 hour shifts from 11am – 3pm) Flexible hours available
- Season runs from March to October + Feb ½ term week.



**If you're interested in joining our friendly team of volunteers, please scan the QR code or email [Cathy\\_Baillie@rnli.org.uk](mailto:Cathy_Baillie@rnli.org.uk)**



**[facebook.com/FoweyLifeboat](https://facebook.com/FoweyLifeboat)**

## Fowey RNLI

In their first shout of 2026, on Friday 13 February, Falmouth Coastguard paged

the Fowey Lifeboat Launch Authority with a request to launch Fowey's Atlantic 85 lifeboat to assess and assist a 5m RIB with two people on board. They were drifting with no power or lights over 500m south of Fowey harbour entrance, with an offshore wind blowing the casualty vessel away from the shore. The crew were paged at 6:06pm and the lifeboat launched nine minutes later at 6:15pm, arriving on scene seven minutes later. After assessing the situation, the crew took the casualty vessel under tow and returned them safely to Penmarlam Quay in the Fowey River. Both casualties were wearing lifejackets and were able to call 999 for the coastguard, as they had a mobile phone with them onboard. They believed the engine failure was due to water in the fuel. After refuelling, the lifeboat returned to the station and was back on service at 7:18pm.



It was an exciting day on Tuesday 17 February as we welcomed our brand new Atlantic 85 lifeboat 'Spirit of Daisy' to Fowey, where she was launched at Caffa Mill. Our relief Atlantic 85, 'James Dugdale' has now left us to go to Portishead lifeboat station. We will be having an official naming ceremony for 'Spirit of Daisy' on Saturday 25 July on Town Quay at 3pm. Invited guests including 'Spirit of Daisy's' donor and his family, will witness her being officially named and handed over to Fowey lifeboat station. She will be on display in the harbour and will be giving a demonstration after the ceremony. Everyone is very welcome to come and watch the ceremony on Town Quay from 3pm onwards.

Keep up-to-date with all of our shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee

## Chapel Chat

*12-14 So, chosen by God for this new life of love, dress in the wardrobe God picked out for you: compassion, kindness, humility, quiet strength, discipline. Be even-tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you. And regardless of what else you put on, wear love. It's your basic, all-purpose garment. Never be without it. Colossians 3 from The Message*

## Church Activities for February at a glance

March 1st Fellowship

March 8th Café Church

March 15th Mrs Michelle Matthews

March 22nd Café Church

March 26th Coffee Morning 10.30 -12.00

March 29th Mrs Esther Benney

### Stitches -

Every 1st and 3rd Thursday 2-4

### Music Appreciation –

Last Wed. of the month at 7.30

### Old Cornwall Society –

Last Tuesday of the month 7.30



## St Bartholomew's News

Now we wonder if there is a sun in the sky and whether we will be able to see it between the showers? How do the bulbs and other Spring plants manage to overcome being soaked all the time? The old saying "ain't Nature wonderful" comes to mind and we rejoice in all the lovely wild flowers appearing to cheer us up. The wildlife will be hoping for a better month as they start their cycle of bringing new life into the world. This time of year in the life of the Church is also full of hope and renewal as we celebrate the resurrection of Christ. And of course, we have all decided what we are giving up for Lent as we enter the second week of our own personal challenge.

Every Thursday there is a Benefice Celtic Eucharist at 10.00, which is a quiet and thoughtful service for those who prefer a service without hymns.

On Sunday 1st March, at 11.00, Rev'd Sheila will be leading the Family Eucharist and we all wonder what she will bring along for us to join in with. Bring the family youngsters, and help her with her sermon. Then on Sunday 8th at 11.00 there will be the Eucharist with Fr Simon.

Of course we all love the 4th Sunday in Lent with our Mothering Sunday Eucharist, as we all celebrate the Mother Church along with our own Mothers. Even if you can't bring your Mother, we can still celebrate what she did to help us to achieve all we have in our lives.

Passiontide begins on Sunday 22nd with a Eucharist at 11.00 in the 5th Sunday of Lent. On Sunday 29th at 10.30 there will be a United Benefice Service in St Bart's for Palm Sunday, when we commemorate Jesus' ride on a donkey into Jerusalem by waving palms as we progress into the Church.

On Tuesday 31st at 6.00, we will hold the Agape meal as we remember the Last Supper. If you wish to attend, please give your name to Rev'd Sheila.

Our new Rector – Father Simon Bone – takes Monday as his day off so if you have any problems on that day please contact Rev'd Sheila or the Churchwardens. Contact details can be found in this magazine.

We would like some more singers in the church choir so if you like singing come along to our practice sessions at 5.30 on Thursday evenings. Anyone who would like to carry on the historical custom of bellringing, come along to practices on Tuesdays at 7.00. The Samba band would welcome new members and they practice on Tuesdays, in Church, from 5.30 – 6.30.

Any voluntary help would be welcome, be it cleaning or flower arranging, so if you have the odd hour to spare, do come along and help us keep the church looking spick and span.

See you in Church!

## Lostwithiel Brownies

Lostwithiel Brownies age 7-10yrs Come join our friendly Brownie group, we do indoor and outdoor activities, and love working towards badges .

A chance to meet new friends and have fun together come rain or shine.

If you have a daughter interested in joining our group please phone 08001695901 or register at [www.girlguiding.org.uk](http://www.girlguiding.org.uk)

## Vintage China for Hire

We have a good selection of vintage china and tablecloths Available for tea parties, birthdays, celebrations etc.

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# Rotary Club of Lostwithiel



## Community Spirit Scores Big at Rotary Darts Night

The annual Fast Throw Darts Evening arranged by Lostwithiel Rotary once again proved that accuracy is optional, but enthusiasm is compulsory. This much-loved event – running since at least 2002 – filled the town with flying arrows, competitive banter and heroic optimism.

Eight teams took part, each having five minutes at each of the eight dartboards to amass their highest possible score. Over the course of the evening, the 24 competitors toured The Royal Oak, The Kings Arms, Lostwithiel Community Centre, Lostwithiel Conservative Club, The Globe and The Chatham – ensuring no dartboard (or bar) was left unattended. After a fiercely contested evening, Royal Oak A emerged victorious with a formidable 21,542 points and were presented with the Mick Townsend Memorial Cup by Rotarian Kath Townsend. The applause was warm and heartfelt. Yet the real joint winners were the whole community, with a splendid £3,300 raised in sponsorship – a fitting tribute to Mick, whose heart was firmly rooted in Lostwithiel life.

Congratulations to all competing teams, and grateful thanks to the participating establishments and supporters who made the evening such a success. Lostwithiel Rotary is very grateful to everyone involved for once again combining fun, generosity and community spirit in memorable fashion.

For more on Rotary: [info@lostwithielrotary.co.uk](mailto:info@lostwithielrotary.co.uk)

**BEER FESTIVAL.** At the Community Centre on Saturday 14th, March 2026. All four of the final games of the Rugby 6 Nations Competition will be shown on the big screen. So some great beers, fascinating rugby and good company to be enjoyed. Hope to see you there!

## Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans. Royal Navy, Army, Royal Air Force, no matter how long or short your service was.

The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!

Wives, partners, children welcome.

Next meeting - Saturday 21st March.

Venue - Earl of Chatham, Time - 09.30 - 10am Raffle



Our next open meeting is scheduled for Monday 2nd March at 2pm in the Church Rooms, when Kay Turner will be coming along to tell us about the work of Soroptimist

International. This is a women led organisation with 66,000 members around the world, undertaking activities and projects, raising awareness and money to help, support and give a platform to vulnerable women and girls around the world. We are always pleased to welcome non-members to these open meetings to listen to the talk and find out more about our Lostwithiel u3a interest and activity groups.

The start of the year is a busy time for our various groups as they get together to plan their programmes for the year, especially those groups which go out and about to venues and exhibitions. This includes the Theatre, Arts Appreciation, Garden Visits, Photography and Day Trippers groups which have all been planning their calendar of outings.

There is more information about the u3a and how you can join on our website at [www.lostwithielu3a.org.uk](http://www.lostwithielu3a.org.uk).

Contacts :

David Platt 07484 124490

Membership : Stephanie Thomas 07980 871491

## Mayor's Column

Will this rain ever end I wonder, there is one consolation that spring is just around the corner so hopefully we can enjoy some warm weather!!!!

Mayor Berryman is away so I have the opportunity to make you aware of Council business which is always a privilege.

For those of you not aware, following the by-election in September and a co-option the Council now has 16 Councillors. All Councillors have attended Code of Conduct training and by the time you read this column we will also have had Councillor Skills training.

Our community relies on volunteers and I'm delighted to inform you that we have recruited some new flood wardens. On behalf of Lostwithiel I would like to thank them all for coming forward and I hope they enjoy their new role once training has been given. The Flood Plan is so important for our town, now more than ever with weather like it's been.

Over the last few months, the co-ordinators and wardens have been monitoring the river levels as well as spring tides very closely which has been scary at times, but we got through it. Cormac do intend to remove the trees on the embankment in the playing field (these are the trees that were removed from the river in the New Year) but are currently holding off for better weather so that they do as little damage to the field as possible.

The library's books borrowed numbers continues to improve with Saturday opening, however, volunteers are still required. If you have a little free time please contact the office 01208 872323 or [clerk@lostwithieltowncouncil.gov.uk](mailto:clerk@lostwithieltowncouncil.gov.uk)

The Council has recently submitted an application to Cornwall Council's Community Highways Improvement Programme for five dropped kerbs and an application to Cornwall Council's Community Chest fund for a contribution towards a second Town Council noticeboard. The Council's new Strategic Plan has been published on the Council's website along with the Council's budget for 2026/27.

Lostwithiel Town Council took the opportunity to join Cornwall Council's Neighbourhood Priorities Statement pilot. The draft statement is nearing completion thanks to the sterling work of the Steering group made up from members of the public and Town Councillors. I'd like to thank this group for all their hard work as this was no easy task.

There will be a further consultation and I'm sure Mayor Berryman will publicise the date when fixed.

For safety reasons a fence has been erected just past the entrance to the SW Water treatment works to prevent access. For the time being, for Health & Safety reasons, it will not be possible to walk down past to the expanse of Shirehall Moor.

Can I also take the opportunity to remind everyone that rooms are available to hire in Edgcumbe House and The Guildhall please visit [www.lostwithielroomhire.org](http://www.lostwithielroomhire.org)

## Advertising Rates

4cm box.....	£13.40
8.5cm box.....	£18.80
1/4 page.....	£26.40

There is a 10% discount on these rates for a block of six or more ads when booked and paid in advance via BACs.



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 LILYBOOLOSTWITHIEL@GMAIL.COM




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[contact@swallowsbarnstorage.co.uk](mailto:contact@swallowsbarnstorage.co.uk)

**0777 577 5462**

# DanceAthon

**SAT 28 MARCH**  
 Workshops 10am-7pm  
 Disco 7-8pm

£5 Kids and £10 Adults



**SCHEDULE**

10:00am - 10:40am	Family Yoga and Stretch with Emma Mansfield
10:50am - 11:30am	Learn a dance from <i>Wicked the Musical</i> with Kate Mooney
11:40am - 12:20pm	Qigong with Angie Squires
12:30pm - 1:00pm	Jazz Dance with James Farrar
1:20pm - 2:00pm	Pilates with Sally Barlow
2:10pm - 2:50pm	Acrodance with Kate Mooney
3:00pm - 3:40pm	Paracise with Lisa Gorman
3:50pm - 4:30pm	Stretch and Mobility with Carly Wicks
4:40pm - 5:20pm	Zumba with Jason Pook
5:30pm - 6:10pm	Ceillidh / Barn Dance with Kate Mooney
6:20pm - 7:00pm	Disco Moves with Kate Mooney

Join us for a day of movement and music, finishing with a ceillidh and disco. There's something for everyone!  
 Café open, bar in the evening.  
 All welcome.

Pay on the day, or scan to book tickets:



Lostwithiel Community Centre

# TABLE TOP SALE

Browse treasures and bargains — all indoors, whatever the weather!

Our Café will be serving hot drinks, cakes and light lunches.

**1ST SUN OF THE MONTH**

10AM - 2PM

1 Feb

1 March

5 April

3 May

Per Table  
**£7.00**  
£12 for 2 tables



Find out more: <https://www.lostwithielcommunitycentre.org.uk/>  
Phone: 01208 872207



## March News

As the days begin to stretch a little longer and there's a hint of spring in the air, it feels like the right moment to share what's been happening at the Centre over the winter months.

It's been a busy start to the year. Over several long (and very energetic!) volunteer days, the Café kitchen was completely cleared out and refurbished, and the Café and Reception areas have been given a much-needed fresh coat of paint. Those brick walls certainly absorbed their fair share of it — and there's still a little more to do — but the space is already looking lighter and brighter.

A heartfelt thank you to everyone who gave up their time, expertise, tools and more to refreshen up the Centre!

If you haven't seen the changes yet, do pop in.

The Garden Café is open every day, 10am–3pm.

We're also trialling late openings on Mondays, Thursdays and Fridays from 5–7pm, run by volunteers. Whether you're waiting to collect children from clubs, fancy bringing them in for a small treat, or need a quiet space for homework, games or a catch-up, you're very welcome.

## Looking Ahead

We're looking forward to a lively March at the Centre.

We're especially grateful to Lostwithiel Rotary, who have generously donated a professional projector to the Community Centre. This will allow us to host screenings, community events and shared sporting moments throughout the year. The first time it will be in use will be at the upcoming Rotary Beer Festival on Friday 14 March, where we'll be showing the final weekend match of the Rugby Six Nations on the big screen.

Alongside a great selection of drinks, there'll be food available throughout the day — so you can settle in, meet friends and make an afternoon (or evening) of it.

Later in the month, on Friday 28 March, the Dance-A-Thon returns — and it promises to be a brilliant, high-energy day. Many of the instructors who run our fantastic weekly programme of movement and dance sessions will be leading tailored workshops throughout the day, offering something for all ages and abilities.

The day will finish with its ever-popular Ceilidh and Disco Moves workshop, followed by a disco with DJ Luke.

Enormous thanks to Kate Mooney School of Dance for curating the programme, and to all the fabulous instructors who are generously giving their time and talent.

The Café will be open throughout, serving milkshakes, smoothies, warm food and plenty of treats to keep everyone fuelled.

It's just £10 for adults and £5 for children for access to all sessions. Buy tickets on our website or at the door on the day.

## News

We're also delighted to share that the Community Centre has received a National Lottery capital grant offer for a new roof. This has been a long-term project, supported by many fundraising efforts from the community over the years, and it's wonderful to see it moving forward.

The grant forms part of a wider plan to improve the building's energy efficiency, safety and long-term sustainability — helping to ensure the Centre remains here for generations to come.

There are still a few technical steps to complete before everything is finalised. Once the Lottery contracts are signed, we'll be holding an Open Day to share the full details and explain what the works will involve.

It's an important step forward for the building and for everyone who uses it.

As we head into spring, we're looking forward to seeing the Centre full of activity — and hopefully a little sunshine in the garden too. If you haven't visited in a while, do pop in.

**Dance A Thon**  
**Sat 28<sup>th</sup> March**  
 Workshops 10:00am - 7pm  
 Disco 7pm - 8pm  
 £5 Kids and £10 Adults

Join us for a day of movement and music, finishing with a ceilidh and disco. There's something for everyone!  
 Café open, bar in the evening.  
 All welcome.

Book online or pay on the day.



[www.lostwithielcommunitycentre.org.uk](http://www.lostwithielcommunitycentre.org.uk)  
 Pleyber Christ Way, Lostwithiel, PL22 0HE  
 Reception@LostwithielCommunityCentre.org

## Lerryn Area Minibus Association

Providing community transport for people living in the Lerryn Area

Trips leave from Lerryn and Lostwithiel, and return at the times shown below. It is essential to book your seat and arrange a pick-up point.

For bookings, passenger registration and all queries, please call Jacquie/Jo on 01208 811175

DATE	DESTINATION	TIME	RETURN FARE	
Tue 3rd Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Tue 10th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Fri 13th Driver: John	Truro	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£6.00 adult
Tue 17th Driver: Ian	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 19th Drivers: Tom & Nick	SPECIAL TRIP Homeleigh Garden Centre, Launceston and M&S Food Hall	Lerryn Lostwithiel	09:30 - 16:30 09:45 - 16:15	£7.50 adult
Tue 24th Driver: Tom	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 26th Driver: Richard	SPECIAL TRIP Wadebridge	Lerryn Lostwithiel	09:30 - 13:30 09:45 - 13:15	£5.00 adult
Tue 31st Driver: John	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult

All people living in the area may register. Under 18s travel half price.

NB: Please see [lerryn.net/minibus](http://lerryn.net/minibus) for full details of LAMA's services.

## March 2026 Special trip

Homeleigh Garden Centre, Launceston & M&S Shopping!

Thursday 19th March  
2026

Fare just £7.50

Visit Homeleigh Garden Centre

One of the South-West's largest family-run garden centres

You could spend all day here!



Besides Plants & all Garden requisites there are many departments: eg, Clothing, indoor/outdoor Furniture, Pets, Aquatics, even Angling, to mention but a few!

Excellent café for lunch ... and then onto ...

M&S Food Hall Launceston

Quality food and drink

Go on! Treat yourself!

Book Now: Phone Jacquie/Jo on 01208 811175 or book online

<https://www.lerryn.net/minibus>

Lerryn: departs 9.30 returns 16.45

Lostwithiel: departs 9.45, return 16.30



For full details of LAMA services please visit [lerryn.net/minibus](http://lerryn.net/minibus)

# Parkinson's Support Group

1st wednesday  
of the  
month

2-3.30pm  
In the Cafe

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## The Benefice of Lostwithiel Parishes Services for March 2026

### Sunday, 1

Boconnoc	Holy Communion	11.00am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Family Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	9.30am
St Winnow	Parish Eucharist	11.00am

### Sunday, 8 [ Lent 3 ]

Boconnoc	To the benefice	
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	To the benefice	
St Winnow	To the benefice	

### Sunday,15 [Mothering Sunday]

Boconnoc	To the benefice	
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	To the benefice	
St Winnow	Eucharist	11.00am

### Sunday, 22 [Lent 5]

Boconnoc	Matins	11.00am
Bradoc	Morning Prayer	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	Eucharist	11.00am
St Winnow	Evensong	5pm

### Sunday,29 [Palm Sunday]

St Bartholomew	United benefice service	10.30am
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### Monday, 30

St Brevita, Lanlivery	Compline	7pm
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### Tuesday, 31

St Bartholomew	Compline & Agape meal	6pm
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### Regular Weekday Services

**Wednesdays** - St Brevita - Evening Prayer at 4.00pm

**Thursdays** - St Bartholomew - Celtic Eucharist at 10.00am

Lanlivery, St Bartholomew's, St Veep, St Winnow and Bradoc churches are open every day.

### The Benefice of Lostwithiel Parishes

Fr Simon Bone-Rector

Revd Sheila Bawden (Associate Priest) - 01208 871344

### Church Centre

[Administration office-open Mon-Wed morning]

St Bartholomew's Church

Church Lane

Lostwithiel

PL22 0EG

Tel No: 01208 872232

## Social Club News

Please note that the Clubs AGM will be on Wednesday March 18th starting at 6pm. Membership renewal is now due £10. You will need to have your up-to-date membership card with you.

We look forward to seeing everyone and sharing how the club is progressing.

If you are interested in joining the committee, please email the Chair. Sheilabawden2@gmail.com

On Friday March 6th the club is delighted to be able to offer the social club for the Adoption Uk fund raiser. Tickets are available please see poster for information.

Friday 13th we will have the amazing Folk Jam joining us. Any musicians or singers are welcomed to take part. Bar opens at 6pm. (none members will need to sign in)

Wednesday evenings continue with free pool, snooker and juke box.

Friday 20th we will be hosting the next quiz night this was such a great success in February many have asked for this to become a regular event.

£3 per person up to 6 maximums in a team. Look out for posters and Face book for more information.

Its wonderful that the club is being used by many different organisations.

If you would like to book an event or hire a room, please contact the secretary. B.Gresweel@btinternet.com

We are happy to hear from anyone wishing to hold a Birthday party, anniversary, baptism or needing a function room for a funeral wake.

If you need food for a buffet our Emma at Bellamama Deli 01208 872524 will be happy to discuss your requirements.

The club opening times are

Wednesdays 6pm

Friday 6pm

Saturday 6pm

Sunday 6pm.

Many Thanks for your continuing support from the Committee and Chair S Bawden.

Lostwithiel Table Tennis Club meets every Thursday afternoon and Monday evenings (expect when the Film Club is operating).



Our club welcomes all play-

ers from complete beginners through to League players.

We have three tables, bats, balls and lots of tea and biscuits - all for only £2 a session.

Please come along to the Church Rooms, Church Lane, Lostwithiel and have a go.

For more information and contact details visit:

[www.lostwithieltabletennisclub.yolasite.com](http://www.lostwithieltabletennisclub.yolasite.com)



**Gateway Church - Lostwithiel**  
**Meeting at 5 p.m. on Sundays**

**Church Rooms, Church Lane.**

Informal worship, relevant Biblical message and fellowship.

Light refreshments after service.

All are very welcome.

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## Lostwithiel Cancer Support Group

14:00-15:30  
2nd Wednesday  
of every month

Lostwithiel Community Centre  
Pleyber Christ Way,  
Lostwithiel PL22 0HE

Everyone is Welcome.  
We are a social group  
that meets for coffee,  
cake and a chat with  
people in similar  
situations.

Carolyn Screech  
[communitycancercafes@outlook.com](mailto:communitycancercafes@outlook.com)  
Telephone: 07887851714



Free  
refreshments,  
advice and  
information

## Fowey River Lions



With the bad weather of January hopefully behind us, the Lions are planning activities for the coming months. We are excited to be back at Havener's in Fowey on 11th March for a Bingo fundraiser. If you haven't been, these events are great fun with excellent prizes to be won, why not come along and try it out? We recommend you reserve your table early by contacting Havener's directly on 01726 834591.

Many thanks to all the individuals and local businesses who have already donated prizes. If you would like to donate something, just drop us an email on [foweyriverlions@gmail.com](mailto:foweyriverlions@gmail.com) or call us on 0345 833 7484.

Later on in March, the Lions will be helping the wonderful Marie Curie charity by providing street collectors for their Great Daffodil Appeal. Marie Curie supports anyone with an illness they're likely to die from, and those close to them. A typical two-hour collection shift raises enough to fund four hours of nursing care or five calls to their Support Line. If you'd like to help and have two hours to spare on Friday 27th, Saturday 28th or Sunday 29th March please contact us by email or phone – we'd very much welcome your help. Our team will be taking some of the two hour slots and will be there to support you on the day.

With Easter approaching, keep a lookout for our traditional Easter Egg draw in the pubs and shops around the area – it's a fun way to support the Lions and you could win one of the many Easter Egg prize boxes.

Want to help your community? Why not join the Fowey River Lions? We are a small team of local people who work together to help others and support good causes. Across the UK, there are 600 clubs just like ours and together we volunteer for over 500,000 hours of service and raise around £9 million annually to support the needs of local communities. This seems like a lot, but individually, this commitment amounts to an average of just 1 hour a week.

We are part of Lions Clubs International which has 1.4 million members in over 210 countries, making it the largest service club organisation in the world but, because we are local, we can serve the unique needs of our community. Drop us an email, we'd love to hear from you and tell you a little bit more about what being a Lion means

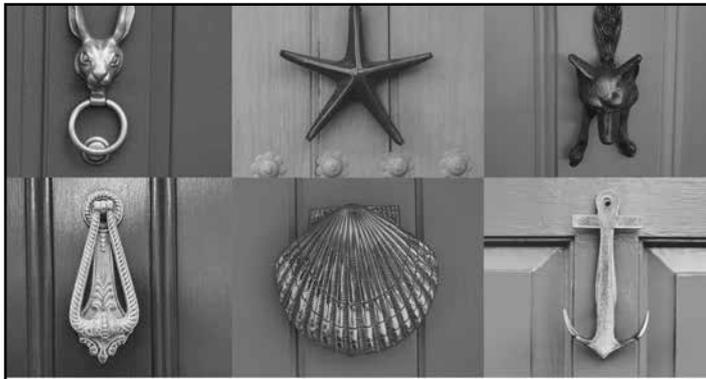
Finally, if you haven't already done so, please log on to your Co-op account and select us as your community project for the year. It won't cost you a penny and will help us to fund our Senior Citizen's Christmas lunch in December. To find out more about our project visit the website on [membership.coop.co.uk/causes/100031](http://membership.coop.co.uk/causes/100031)

Contact us by email on [foweyriverlions@gmail.com](mailto:foweyriverlions@gmail.com) or by phone on 0345 833 7484.

## Bingo Night



**Where: Havener's, Fowey**  
**When: Wednesday March 11<sup>th</sup> 7pm.**  
**Call: 01726 834591 to book a table.**



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Par office team: 01726 812271  
parsales@oceanandcountry.co.uk  
www.oceanandcountry.co.uk

# Ocean & Country

## USEFUL INFO & CONTACTS

**LOSTWITHIEL MEDICAL PRACTICE – NORTH STREET SURGERY**  
01208 872 589 8am– 6.30pm Please ring to request an appointment. For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. [www.lostwithielmedicalpractice.nhs.uk](http://www.lostwithielmedicalpractice.nhs.uk)

**CORNWALL BEREAVEMENT SUPPORT:** For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see [www.cornwallbereavementnetwork.org](http://www.cornwallbereavementnetwork.org). To speak to someone about emotional support available ring **01726 829 874** 10am - 6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am-4pm Monday – Friday.

**HEALTH & MENTAL WELLBEING SUPPORT:** [abichanning@nhs.net](mailto:abichanning@nhs.net) Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

**CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE :** 0800 038 5300 This service is there for everyone.

**CITIZENS ADVICE, BODMIN –** Ring **0800 144 8848** Mon-Fri 10am-4pm [www.citizensadvicecornwall.org.uk](http://www.citizensadvicecornwall.org.uk) Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am-11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am-4pm

**ST AUSTELL FOODBANK -** If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: [info@staustell.foodbank.org.uk](mailto:info@staustell.foodbank.org.uk) [www.staustell.foodbank.org.uk](http://www.staustell.foodbank.org.uk) for general info or to set up a cash donation.

**CORNWALL COUNCIL -** Ring 0300 1234 100 or see their website [www.cornwall.gov.uk](http://www.cornwall.gov.uk) for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

**MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL** Ring **01208 872 368**

**CARRIAGE WORKS DENTAL PRACTICE -** Ring **01208 873290** or email [enquiries@lostwithieldental.co.uk](mailto:enquiries@lostwithieldental.co.uk)

**PELYN VETS -** 01208 872 254

**VOLUNTEER CORNWALL -** 01872 265 305 For volunteer befrienders.

**SILVERLINE-** for older people Ring **0800 4708 090**



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# Ann's Gallery

Firstly, don't forget Mum on 15th March. We have some lovely cards just for her.  
New to the shop are Soft Toys and Glasses Cases from Wrendale Designs  
Notebooks and Pens from Alex Clark Art and some fantastic new ranges of Greeting Cards  
Do come and browse our extensive selection of Gifts, Toys, Games and Jewellery  
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Tues- 3pm till 11pm  
Weds- Noon till 11pm  
Thurs- Noon till 11pm  
Friday- 9am till Late  
Sat- 9am till Late  
Sunday- Noon till 9pm



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www.thecarpetgallerylostwithiel.co.uk

## The Carpet Gallery TILES

www.thecarpetgallerylostwithiel.co.uk

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