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JUNE 2026



LOSTWITHIEL NEWSLETTER

Lostwithiel Town Trail Heritage Award Winners



We are pleased to announce that Lostwithiel Town Team have been awarded two Cornwall Council Heritage Awards at a ceremony hosted by Falmouth Maritime Museum.

The first award for 'Heritage Heroes' is recognition of the efforts of the volunteer team in creating Lostwithiel's new town trails. David Guiterman, Michelle Nineham, Sarah Preece, John Scott and Phil Wisdom worked for two years with others from the town to create four trails that celebrate the town's history, environment, culture and language.



The Heritage Highlights Trail takes you through 20 key landmarks and explores the history of the town and its historic buildings. It also reintroduces the brilliant Brass Plaque Trail celebrating Lostwithiel's historic buildings.



The Young Explorers Nature Trail follows the River Fowey to explore its wildlife through rubbing posts and informative nature plaques. The Pub Trail highlights the town's hospitality scene, past and present, inviting exploration of the historic locations of Lostwithiel's pubs and the welcome of the town's current day pubs and eating places.

The trail is enhanced by a signature bench on the parade describing Lostwithiel's history; new benches and picnic tables from Second Island to Coulson Park; bird and bat boxes located in the trees along the Fowey and on the rooftop eaves of the Community Centre; and a new 'listening post' positioned by one of the benches in the churchyard offering a thoughtful soundscape linked to an immersive filmic snapshot of Lostwithiel.

Three new maps located on the Parade, on Quay Street and in the Cattle Market carpark lay out the three trail routes and link to these accessible trails through the website. Alongside the trails the Town Team commissioned a cycle rack and a time line sign outlining the key historic moments of Lostwithiel's

history both of which are located outside the Community Centre. The signs and the trail are enhanced with Cornish language linking explorers to our historic and living contemporary language.



The trails are designed with mobile phones in mind, accessible through the new website which is full of historic information and via a QR code accessed on the signage and infrastructure installed throughout the town.

At the ceremony's finale, the team were delighted to be doubly awarded with the prestigious - 'Spirit of the Awards'. This is awarded to those projects that recognise - not just their own category - but all the qualities defined by the preceding award categories - outstanding rootedness and connectedness, community impact, collaboration, values-led practice, leadership and inspiration.



The project was also praised for its focus on accessibility and long-term sustainable design.

Pick up a leaflet from one of the map boards, go to www.lostwithieltowntrail.org.uk or scan the QR code with your phone for more information.



Thanks to Bodmin Creative Studios for the design aspects of the trail; our local makers - Park Signs for the signage, Turps Woodwork for the benches, picnic tables, bat and bird boxes; GreenSpan for the all-access bench by the children's play area in Coulson Park, designed

with pram and wheelchair users in mind; and thanks also to them for the English chestnut Signature Bench on the parade whose design was assembled from the ideas and inspirations offered by the wonderful people of Lostwithiel.

Thanks to Julie Tamblin for advice on language and thematic elements and Mark Pearson for the sustainability principles. Finally, thanks to Lostwithiel Town Council, Lostwithiel Community Centre and Bartholomew's Church for permissions to use their land. Thank you all.

WHAT'S ON WHERE - MARKETS, EVENTS & GROUPS - JUNE

LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

For latest updates on events and activities at the centre see facebook, www.lostwithielcommunitycentre.org.uk or ring 01208 872207.

ANTIQUES FAIR - Second Sunday of each month, Community Centre Main Hall 10am

CAR BOOT SALE - First Sunday of each month, Community Centre Main Hall 10am

POST OFFICE: Tuesday 12:30 - 2:30 & Friday 12:30 - 3:00

FRIENDSHIP CAFE: Thursday 1pm - 3pm

PRE-SCHOOL PLAYGROUP: Tuesday 9am - 12 noon

GARDEN CAFE: Open Monday - Friday until 3:30pm, Sat until 3pm. Homemade cakes, breakfast baps, £1 childrens menu.

COMMUNITY CENTRE CAR PARK

Mevagissey fresh fish van Fridays around 11am - 12 noon also Johns Fresh Fish van on The Parade every Monday 9am - 12 noon

SCOUT HUT (Main Car Park)

1st LOSTWITHIEL SCOUTS - boys and girls aged 10 - 14 years each Tuesday 7pm til 9pm

1st LOSTWITHIEL CUBS - boys and girls aged 8- 10 years) each Wednesday 6pm til 7:30pm

LOCAL PRODUCE MARKET - Lostwithiel Scout Hut, 4th Saturday of each month 10am - 1pm + Zero waste mobile shop.

ANTIQUES & COLLECTABLES MARKET - first Saturday each month, 10am - 1pm, contact Ann 07881 826032.

QUI GONG - 9:15 - 10:15am Mondays, sweetzersturt@icloud.com

WHOLISTIC YOGA - With Ariadne Fern, Mons 10:45-12:15, addy@theferns.info

MODELMAKING GROUP - all welcome, 1st Friday each month 6 - 8pm

LOSTWITHIEL YOUNG FARMERS CLUB - Monday evenings

RAINBOWS, BROWNIES ETC. - Check national websites for info

LOSTWITHIEL SHORT MAT BOWLS - Friday & Sunday 7 - 9pm

contact secretary, Chris on 01208 871784 for more information

DRILL HALL (next to the Co-Op)

LOSTWITHIEL ARMY CADETS - Tuesday 6 - 8:30pm

CHURCH HALL (Church Lane)

Enquiries Rev. Sheila Bowden 01208 871344

TABLE TENNIS - Monday 6pm, Thursday 1:30pm

LIFE DRAWING - 7:30 - 9:30pm alternate Wed/Tues

MID CORNWALL PHOTOGRAPHIC CLUB - 1st & 3rd Weds, 7 - 9pm

LOSTWITHIEL BINGO FUNDRAISERS - Friday eve 6:30 for 7:30pm

GATEWAY CHURCH - 5pm Sundays

COMMUNITY CAFE - Fri 10am - 2pm, all welcome pay what you can.

LOSTWITHIEL METHODIST CHURCH

STITCHES GROUP - 1st & 3rd Thursday of the month 2 - 4pm

LOSTWITHIEL SOCIAL CLUB Fore Street

Chair Sheila Bawden. All enquiries: sheilabawden2@gmail.com
facebook messenger or facebook page lostwithiel social club new
Telephone 01208 871344.

Function, Meeting and Conference rooms available for hire.

Bar Open: Wednesday with free pool from 6pm

Friday, Saturday and Sunday from 6pm.

Folk Jam 2nd Friday of the month.

CONTACTS

Lostwithiel Town Band: Musical Director: David Savage
Tel: 07943311348.

Bowling Club: Restormel Road 01208 871748

Health Visitor Under 5's Clinic: Penrice 01726 74969

Lostwithiel Badminton Club: Eddie Sugar 01208 871111

Boconnoc Cricket Club: Rob Trump 07902 895752 /
Phil Johns 07792 656480

Check www.lostwithiel.org.uk for up to date listings of events in and around Lostwithiel.

LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **Monday 1st June 2026**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

palaceprinters@btinternet.com by 20th JUNE 2026

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

DISCLAIMER: Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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. **VOLUNTEERS:** Although the season is well underway it's never too late to join our team of museum volunteers. We welcome this opportunity to say thank you to those who've already joined us as without their involvement the museum would not be the special asset to the town that it clearly is. In particular we are looking for additional stewards to 'meet and greet' visitors from Mondays to Saturdays (inclusive) during the season. One of the most rewarding aspects of being involved with the museum is meeting visitors and seeing how appreciative they are of what we have to offer. If you have 2 hours a week to spare please contact Maggie Lancaster on 01208 873093 or Christine Walton on 01208 871456 for more information.

. **TOWN HERITAGE WALKS:** Whether you're a local resident or a visitor a guided walk with one of our experienced guides is an excellent way of getting to know more about this fascinating town. We guarantee that you will not be disappointed. There's no need to book in advance unless you have some special requirements — in which case please contact Pauline Gillett (Walks Co-ordinator) on 01208 872040. The weekly Wednesday walks start at 11.00am from outside the Community Centre in the main car park — and last for about 90 minutes. The charge per adult is £5 — and there is no charge for children.

. **LOSTFEST:** A special thank you to the stewards who volunteered to provide extra cover to enable us to open the museum for Lostfest on Sunday 17 May. It was so encouraging to see visitors enjoying their visit to the museum. When it comes to organising special community events Lostwithiel certainly knows how to do it. Thank you to the Lostfest organisers for the huge amount of time and effort entailed in putting on this annual festival.

. **TOWN PARISH MEETING:** The Town Parish Meeting was held in the library in Taprell House on 19 May. This annual event was a useful opportunity for local organisations — including Lostwithiel Museum Association — to present to members of the Town Council and the local community their 'achievements and aspirations.' If you'd like to know more about our museum achievements we'd be delighted to welcome you to the LMA AGM in the Methodist Church on 17 November.

. **NEW WINDOW DISPLAY:** The railway continues to play an important role in the life of Lostwithiel. In 1846 the passing of the Cornwall Railway Bill was celebrated locally — but it was not until 1859 that the main-line railway from Plymouth to Truro was opened and the maintenance workshops were built at Lostwithiel. Thank you to Mary and Anita for the current window display — and to Claire and Jamie from Stick Antique and Vintage shop in Queen Street for loaning some of the railway memorabilia on display.

Thank you for your interest and support

Christine Walton (Chair)

Please follow us on Instagram (@lostwithiel_museum) and on Twitter (@lostmus) Facebook or via our website www.lostwithielmuseum.org, and Twitter at <https://.com/lostmus> and Facebook

Lostwithiel Brownies

Lostwithiel Brownies age 7-10yrs

Rainbow Guides are the youngest members of the Girlguiding Movement. We make new friends, and meet with other Rainbows/Brownies and Guides on special occasions. We have lots of fun, play games, go on walks, complete challenges to earn badges and take part at some of the town events as well as lots of other activities. When we are 7 years old we can continue our Guiding journey into Brownies.

If you have a daughter interested in joining our group please phone 08001695901 or register at www.girlguiding.org.uk

Cancer Research Uk Lostwithiel Branch



Many thanks to those who attended our Spring Coffee Morning which raised £745. Our next event will take place on Saturday 20th June when we will be holding a "Spuds and Puds" lunch in the Church Rooms, Lostwithiel from 12 until 1.30pm. A variety of fillings will be available together with a range of delicious puddings all for £8 on the door. As usual we will also have a raffle. We look forward to seeing you.

Denny's Bath

A huge thanks to all the businesses in town that 'bought' a can of beans and to all the people that sponsored Denny's Baked Bean Bath, he raised an amazing £900 for Lostwithiel Scouts. He enjoyed every minute of the bath, especially the scuba diving.



Thank you to Mayor Berryman who attended and sponsored, local councillor Sarah Preece, Fowey River Lions, Lostwithiel Rotary Club and Lostwithiel Bingo group for their generous donations.

The rest of the beans were donated to our local food share and some very happy chickens enjoyed the open beans!

Lostwithiel & District Floral Art Club

Our next meeting is on Wednesday 24 June at Lanhydrock Memorial Hall and we will start at 2.30 p.m. Our demonstrator will be Pat Whitehouse and her title is 'The Art of Flowers'. This is always a relaxing and enjoyable afternoon, perhaps picking up some useful tips on flower arranging. You can always enter the competition the title of which is 'June is busting out all over'. A warm welcome awaits you so come along and see what we do.

Chapel Chat

²⁹ Think about this. People sell two birds for just one small coin. But God takes care of these little birds. Not one of them can fall to the ground unless God lets it happen. ³⁰ God even knows how many hairs there are on your head. ³¹ So do not be afraid of those people who are against you. You are more valuable to God than many little birds.

Matthew 10:29-31 from the Easy English Bible

Church Activities for June at a glance

June 7th Café Church

June 14th Café Church and Gift Day

June 21st Mrs Esther Benney

June 25th Coffee Morning, 10.30 -12

June 28th Rev Michele Matthews

Stitches - Every 1st and 3rd Thursday 2-4pm

Music Appreciation – every 4th Wednesday at 7.30

Old Cornwall Society - Last Tues. of the month 7.30



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Brydai, The Uplands, Lostwithiel

St Bartholomew's News

There seems to be no way of knowing in advance what our weather will do in the next few days, never mind the next month. I am quite astonished at the way our gardens cope with such changes and still manage to produce lovely flowers and fruits. There are always those who love the hotter temperatures, though for those who prefer it cooler it becomes very uncomfortable. This is where our lovely churches become havens in their cool and calming atmosphere so do come and visit us when you feel hot and bothered!

The Thursday morning Benefice Celtic Eucharist services are held at 10.00 every week, for those who wish to attend a quieter service with no hymns. Come whenever you want.

On Saturday 6th there will be a Roman Catholic Mass at 10.30. All are welcome though Anglicans may not take Communion but can come forward for a Blessing.

Sunday 7th at 11.00 is our Family Service with Father Simon, so bring your parents and grandparents along to see what he has in store for us all. Our Eucharist at 11.00 on Sunday 14th will be led by Father Simon.

We have Morning Prayer on Sunday 21st at 11.00 with our Churchwardens. The Eucharist at 11.00 on Sunday 28th, will be led by Hilary Sprong, who is a visiting PTO, so we will extend her a warm welcome.

The Open the Book Team is visiting our schools, St Winnow, Lerryn and Town School, on a monthly basis, having fun playing out the Bible Stories for the children. Do they spot the knitted beard? Yes they do!

Do you like to sing in the bath or around the house? Think about joining the Benefice Choir who practice from 5.30 – 6.30 every Thursday, then we join services round the Benefice when needed. It is relaxing and enjoyable, so just come along and listen and decide if you would like to join us.

If you would like to help us look after our beautiful church, we would welcome any time you can spend for some cleaning, flower arranging, brass polishing and other jobs needed to keep it looking spic and span!

See you in Church!

Catholic Church Information

St Augustine's , St Austell: Fr Paul Keys 01726 73838
Mass times: Vigil(Sat) 6.30 Sundays: 8.30 & 10.30

St Mary & St Petroc, Bodmin: Fr Placidus Ezech 01208 72833
Mass times: Vigil (Sat) 5.30 Padstow Sundays 8.30 Wadebridge 10.30 am Bodmin 5.30 Tintagel

Resident Priest (Lostwithiel): Fr Robbie Low 01208 871517

Also: Mass in St Bartholomew's, by kind permission of the Rector and Wardens, Saturday 6th June at 10.30am

Advertising Rates

4cm box.....	£13.40
8.5cm box.....	£18.80
1/4 page.....	£26.40

There is a 10% discount on these rates for a block of six or more ads when booked and paid in advance via BACs.

Fowey River Lions



Last month we proudly celebrated the 49th anniversary of the formation of the Fowey River Lions. Over the years, the Lions have supported local people in need and we are looking forward to continuing to do so in this, our 50th year. We couldn't do any of the things we do without the help and support from people like you throughout the Fowey River area and we'd like to take this opportunity to say "thank you" to everyone who has played a part in this local Lions club over the years – from the many people who have been part of the club, the local businesses who regularly provide sponsorship or prizes for our events and the volunteers who come along and help with our activities. We are always grateful for all the help we get and we will continue to ensure that your support goes to help those in our community who are most in need. Thank you.

As we enter this landmark year, we are on the lookout for new members to join the team. If you would like to know more about what we do, you can contact us at foweyriverlions@gmail.com or by phone on 0345 833 7484. There will be no pressure to join, but hopefully you will find that the things we do and the way we work are a fulfilling way to give something back to the community.



To give you some insight into our activities, in recent months, we have run successful fund-raising activity with an excellent Bingo evening at Haveners in Fowey, and Easter Egg draws in various pubs and businesses around the area. We were also to be found out in the streets of Fowey collecting for the wonderful Marie Curie Great Daffodil Appeal, provided volunteers for the PL24 Litter Pick and helped with the du Maurier Festival. We were also happy to deliver a host of much needed supplies from local people of supplies to our colleagues in the Callington Lions who continue to make regular trips to those in need in the Ukraine.

In last month's newsletter we launched our 2026 Grant process with a number of grants of £250 to give away for local projects and good causes. Last year, we gave grants to fund some new equipment for the Polkerris and Lostwithiel Scouts, buy new music stands for the Lostwithiel Town Band, support two interactive literary workshops for local children via the Du Maurier Literary Festival, purchase musical equipment for Lostwithiel School and supply sports equipment for Squires Field Youth Club.

Fowey River Lions is a charitable organisation dedicated to serving the local community, this could be through monetary gifts, or simply providing volunteers to support an event. If you think the Lions could help you, please get in touch.

Contact us by email at foweyriverlions@gmail.com, via our facebook page – foweyriverlions or by phone on 0345 833 7484.

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Fowey RNLI

It has been a busy start to the season for our crew. On Monday 4 May, not long after midnight at 12:32am, Fowey

lifeboat station was tasked by Falmouth Coastguard to assess and assist a medical emergency onboard a visiting yacht in Fowey Harbour. Fowey's volunteer crew launched their D class lifeboat at 12:50am and arrived on scene three minutes later. The crew made an initial assessment and determined that onward medical care was required. The casualty was transferred to the lifeboat pontoon on a Harbour Master vessel and passed to the care of the St Austell Coastguard. After further assessment the casualty was moved up to the lifeboat station to await the ambulance, which arrived a short while later. The casualty was transferred to hospital for onward care. This was an excellent example of multiple agencies working together.

At 6pm on Tuesday 5 May, Fowey RNLI volunteers were tasked by Falmouth Coastguard to rescue a single male casualty who was cut off by the rising tide at Polmear Island, south west of Charlestown Harbour. The crew launched their D class at 6:12pm and made best speed to the location. They arrived on scene at 6:31pm. One of the crew went ashore and the casualty was transferred safely to the lifeboat. The crew then took the casualty to Charlestown Harbour where he was handed over to the St Austell Coastguard. The lifeboat departed the scene at 6:50pm returning to base at 7:10pm.



Tidal cut-off is a major cause of RNLI call outs and Fowey volunteers are regularly called out to Polmear Island during the summer season. RNLI advice is to always check the tide times and heights and keep a look out for incoming tide. Make sure you have enough time to return safely and if in doubt seek local advice. Always carry a means of calling for help with you and if you are in danger or see someone in danger call 999 and ask for the coastguard.

In their third shout in three days, Fowey lifeboat crew were tasked by Falmouth Coastguard at 12:29pm on 6 May, to respond to an incident involving a casualty at Polkerris Beach. Fowey volunteers launched their D class lifeboat at 12:38pm and arrived on scene at 12:50pm. Teams from the Coastguard Rescue, Police and Ambulance were also at the scene. The casualty was ashore when the Fowey lifeboat arrived at Polkerris and in the care of the ambulance crew. The lifeboat was stood down at 1:10pm and returned to station at 1:30pm.

On Tuesday 12 May, at 2:15pm Falmouth Coastguard requested an immediate launch for Fowey's Atlantic 85 lifeboat. There was a person in the water at Pentewan Sands, holding onto a kayak and being blown out to sea in an off-shore north westerly fresh breeze at 17-21 knots. Fowey's volunteer crew launched the lifeboat at 2:20pm and made best speed to the location. The Mevagissey to Fowey Ferry had heard the distress call to the coastguard and diverted from their route into the bay. They found the person and the kayak and recovered them onboard the ferry. The casualty was then transferred onto Fowey's lifeboat and brought back to shore. There was also another member of the public on scene in an inflatable boat offering assistance. Once ashore the casualty was handed over to the waiting Mevagissey Coastguard team who checked to ensure that no medical assistance was required. Excellent team work from all involved.



Join us for an RNLI Cher tribute event at Lankelly Rugby Club. Cher-esqe will perform Cher hits as well as some of her own music. Tickets are £10 each and are available from the Lankelly rugby club and the RNLI shop in Fowey. The event is raising funds in aid of Fowey Lifeboat RNLI on Friday 10th July, starting at 8pm. Keep up-to-date with all of our shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee. Keep up-to-date with all of our shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee



At our last open meeting we were gripped by a most interesting and entertaining presentation by Mark Hemsley on the evolution of television news in the UK, including

the technological changes that have helped shape how we consume our daily news. Drawing on his extensive career in news broadcasting, Mark outlined the creation of the BBC in the 1920s, the beginnings of a regular high-definition television service in 1936 through to the first screenings of television news in the 1950s and how it has developed since. We went on to explore how rapidly news consumption is changing now and how it might evolve even further in the future.

Our next Open Meeting will be on Monday 6th July at 2pm in the Church Rooms, Lostwithiel. We are always pleased to welcome non-members to these meetings to listen to the talk and find out more about our Lostwithiel u3a interest and activity groups. There is more information about the u3a and how you can join on our website at www.lostwithielu3a.org.uk.

Contacts : David Platt 07484 124490
Membership : Stephanie Thomas 07980 871491

Lostwithiel Rainbows

FOR GIRLS AGED 4-7 YEARS

We have now returned to Rainbows after the Easter Holiday and are looking forward to all the activities that are planned which could include cooking, singing, playing games, completing challenges to earn badges and much more.

All these activities are preparing us for our move up to Brownies once we are old enough where we will continue with our guiding adventure. If your daughter would like to join us then please contact us using the details below.

For more information on joining our Rainbow group please phone 0800 169 5901 or visit www.girlguiding.org.uk



Lost In Film

Visit www.lostinfilm.org.uk to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. BYO drinks. Doors at 6.45pm, film at 7.30pm.

Hamnet (12) Monday 29th June

Breaking hearts and mending them in one fell swoop, Hamnet speculates on the inspiration behind Shakespeare's masterpiece with powerful performances by Jessie Buckley and Paul Mescal.

Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans. Royal Navy, Army, Royal Air Force, no matter how long or short your service was.

The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!

Wives, partners, children welcome.

Next meeting - Saturday 27th June.

Venue - Earl of Chatham, Time - 09.30 - 10am Raffle

The LUCKNOW QUILT
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 Museum staff



The creation of an unknown soldier during the siege of LUCKNOW.

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Date Thursday 25th June
Time: 6pm - 7pm
Location: Dance studio
 Lostwithiel Community Centre



Sign up link - bit.ly/3ZalLUB



Nestled within Acorn Camping and Glamping in the beautiful Luxulyan Valley World heritage Site, The Hive is a welcoming space for coffee, cake, connection and adventure.

Whether you're stopping by after a woodland walk, exploring the valley with family, or simply looking for a peaceful place to unwind, The Hive offers seasonal menus. Picnic boxes, outdoor covered seating and a relaxed atmosphere surrounded by nature.

Home to Acorn Adventures CIC, we also host creative family events, nature trails, storytelling experiences, music and seasonal activities inspired by Cornwall's landscape and folklore.

- Woodland trails
- Coffee & homemade treats
- Family events & outdoor adventures
- Camping, Glamping & Hobbit Huts.



Sarah Preece, Lib Dem Councillor

There are weeks in public life when you step back and think – something real just happened there. For Lostwithiel, the past few months represent exactly those kind of moments.

Two significant achievements have landed in very quick succession. First, the announcement that Lostwithiel had been awarded designated bathing status opening the door to improved monitoring and long-term protection of our precious river. Second, the Lost-



withiel Town Trail created by our Town Team has won, not one, but two Cornish Heritage Awards, celebrating the history, character and stories unlike anywhere else in Cornwall.

I'm proud to have played a small part in both, but the honest story of how these things happened is not about individual action, but what becomes possible when a community decides to take action together.

Applying for bathing water designation is a massive undertaking. It takes time to monitor water quality, persistence to complete the forms and undertake the consultation, partnership working and lobbying to deliver an agreed proposition. Local campaigners, swimmers, residents and Councillors, all pushed in the same direction and that persistence paid off.

The Town Trail is a different kind of achievement but is born from the same spirit. A group of volunteers and proud locals who gave their time to research, design, write and deliver together something that tells the unique stories of Lostwithiel to residents and visitors alike, in perpetuity. Winning two Cornwall Heritage Awards is a testament to the years of meetings, workshops and conversations that led to this amazing outcome.

In essence they both show the same thing – community action really works. Not always quickly, and certainly not easily, but when people care about a place, are willing to put in the hours, and to navigate the obstacles, extraordinary things can happen. Lostwithiel is a small town. We did not have abundant resources. What we do have is people who care and who are determined - and that turns out to be plenty enough.

I've been thinking a lot about what comes next. We live in a time when the national conversation feels politicised in a divisive conflictual way. However, I don't think that reflects how most people actually want to live, or how they behave in the places they call home. And these small successes is proof of that.

I stood as a local Councillor to try and do something positive for our local area, to try and nudge the dial in some small way. As I have learned about local government and about how policy works in local contexts, I have seen the opportunity and the need to start something new.

Over the coming months I would like to host a series of community conversations – open, informal gatherings where we can talk about what matters most to us in our local area. About our environment and how we protect it, about our community and how we support it, and about what local action can achieve.

This isn't about parish issues best dealt with through divisional representation to council. This is about how we, as a town, as eight parishes, as a community of common interest, aspire to something better, more productive, than the divisive picture painted through the national and world current political climate.

When I stood on doorsteps for the 2025 election, I stated that, if elected, I would represent all residents, of all political colours. That remains true. Whatever our differences, I believe we are better together.

The strongest response to a divided, uncertain world, is a community that knows its own mind and backs itself to act. The goal of these community meetings, isn't a good meeting, it's something that might outlast one.

Cllr Sarah Preece, Divisional Member for Lostwithiel and Lanreath



The Benefice of Lostwithiel Parishes Services for June 2026

Sunday, 7

Boconnoc	Holy Communion (BCP)	11.00am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Family Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Holy Communion	9.30am
St Winnow	Parish Eucharist	11.00am

Sunday, 14

Boconnoc	To the benefice	
Bradoc	Eucharist	9.30am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	11.00am
St Winnow	To the benefice	

Sunday, 21

Boconnoc	Evensong (BCP)	4.00pm
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Morning Prayer	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Holy Communion	11.00am
St Winnow	Family Eucharist	11.00am

Sunday, 28

Boconnoc	Matins	11.00am
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	
St Winnow	To St Nectan	
St Nectan	Evensong(BCP)	6.30pm

Regular Weekday Services

Wednesdays - St Brevita - Evening Prayer at 5:00pm

Thursdays - St Bartholomew - Celtic Eucharist at 10:00am

Lanlivery, St Bartholomew's, St Veep and St Winnow Church and Bradoc are open every day. Please contact churchwarden for access to Boconnoc church.

The Benefice of Lostwithiel Parishes

Rector- The Revd Father Simon Bone

Tel: 01208 640323

Church Centre

Lostwithiel Table Tennis Club meets every Thursday afternoon and Monday evenings (expect when the Film Club is operating).



Our club welcomes all play-

ers from complete beginners through to League players.

We have three tables, bats, balls and lots of tea and biscuits - all for only £2 a session.

Please come along to the Church Rooms, Church Lane, Lostwithiel and have a go.

For more information and contact details visit:

www.lostwithieltabletennisclub.yolasite.com



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Swallowsbarnstorage.co.uk

contact@swallowsbarnstorage.co.uk

0777 577 5462

Lerryn Area Minibus Association

Providing community transport for people living in the Lerryn Area

June 2026

Trips leave from Lerryn and Lostwithiel, and return at the times shown below.
It is essential to book your seat and arrange a pick-up point.

DATE	DESTINATION		TIME	RETURN FARE
Tue 2nd Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Tue 9th Driver: John	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Fri 12th Driver: Ed	Truro	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£6.00 adult
Tue 16th Driver: Tom	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 18th Drivers: Nick & David	SPECIAL TRIP Dartmoor	Lerryn Lostwithiel	09:30 - 17:15 09:45 - 17:00	£10.00 adult
Tue 23rd Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 25th Driver: Richard	SPECIAL TRIP Wadebridge	Lerryn Lostwithiel	09:30 - 13:30 09:45 - 13:15	£5.00 adult
Tue 30th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult

Trips available to LAMA members and registered passengers only.
Under 18s travel half price.

For bookings, passenger registration and all queries, please call Jacque on

[01208 811175](tel:01208811175)



Lerryn Area Minibus Association



Dartmoor

Thursday 18 June 2026 · 09:30 - 17:15

After crossing the Tamar, we will pass Brentor church and stop for coffee beside a Saxon town and Norman castle at Lydford. Then onto an old police station in Princetown for lunch before enjoying a scenic tour around hidden parts of South Dartmoor. We will finish in Tavistock for a cup of tea in the Bedford Hotel.

See <https://www.lamaminibus.co.uk> for more details, or scan this QR code with your mobile phone.



BOOKING: Online booking or call 01208 811175

ADULT FARE: £10.00

PLANT SALE/SWAP

every Saturday morning 10am-12pm

Reading Room
Lostwithiel Community Centre

curated and grown by GrowBetterGarden volunteers and local gardeners to raise funds and share our love of gardening.

bulbs, divided perennials, hardy annuals, biennial plants,
vegetable plants, seeds
with gardening advice thrown in

Swap
Share
Buy

PLANTS GROWN WITH CARE AND SHARED WITH LOVE

SEEDS

LET'S KEEP OUR COMMUNITY GROWING

Lostwithiel Cancer Support Group

14:00-15:30
2nd Wednesday
of every month

Lostwithiel Community Centre
Pleyber Christ Way,
Lostwithiel PL22 0HE

Everyone is Welcome.
We are a social group
that meets for coffee,
cake and a chat with
people in similar
situations.

Free
refreshments,
advice and
information

Carolyn Screech
communitycancercafes@outlook.com
Telephone: 07887851714



Kana-See Our Bannet (Lostwithiel)

I cant sing is the reply
When I ask, D'you like singing?
I just sing in the shower or car
Well! thats the joy its bringing

With Kana choir on Wednesday
You can came and sing with us
An eclectic mix of favourite songs
We're teens to old tiss no fuss

We don't aim for fortune
We don't seek for fame
We're there to do some singing
Good for body and for brains

So don't be shy there are no tests
A taster session free
So why not come and sing with us
On every Wed-nes-day

We don't stand on ceremony
But a great sound we all make
We have a laugh, some fun-and sing
(and occasionally Cake)

Contact: Tracey Bailey 07990070568
traceybaileysinging@gmail.com
or just turn up - Lostwithiel Social Club
Wednesday evening 7-8.30pm

South East Cornwall Labour Party

Despite it having been a disappointing night for us on May 7th, you may be surprised to read that Reform actually only holds approx. 4% of local council seats, with Labour and other progressive parties still holding many thousand more. Of those Reform councillors elected just two weeks ago, eighteen have already resigned, defected, been suspended or sacked – including one in Plymouth, where Labour still controls the council.

Since taking control of Plymouth, the Labour council has made huge improvements to the city. Nine new parks have been created, a new NHS diagnostic centre and an emergency dental treatment facility have opened in the city centre, where 2,000 Babcocks employees will soon be working in the old Dingles building; all these developments are bringing much needed life back to the centre of the city which has been made attractive with play areas and green spaces for families to enjoy.

As a proud military city it is appropriate that the new centre for veterans and their families in Plymouth, Devon and Cornwall will also be located in the heart of the city. Our four Cornish Labour MPs are not among those calling for a change of leadership (despite the media being obsessed with creating drama around this issue); they are getting on with the job they were elected to do.

Each month Anna meets with constituents, either to discuss the needs of specific groups, or to help with problems experienced by individuals she meets at her regular surgeries. Just a few examples of this undertaken during May :
Met with the Small Business Minister and local businesses to discuss the government's crackdown on late payments.
Met with Minister for Water to raise local concerns and discuss sewage in S/E Cornwall.

Wrote to Cornwall Council to encourage them to reconsider their proposal to use glyphosate for highway maintenance.
Met with fishermen in Looe to hear about the difficulties they are experiencing.

Submitted written questions to Ministers about the lack of dentistry in rural areas such as ours.
Shared South East Cornwall's Local Power Plan explanatory PowerPoint with Ed Milliband, Secretary of State for Energy Security and Net Zero, who was very impressed by this helpful document and our members enthusiasm for promoting sustainable energy generation to our local councils and community centres. There is £1 billion available and we hope to see several successful applications across this constituency.

We look forward to seeing you at our stand at Liskeard Show on July 11th – a good chance to meet Anna, see what she's doing for South East Cornwall and to contribute your own ideas.
Sally Sweeney – Chair - 07984334761



22
JUNE

JOIN OUR CAFÉ TEAM!

CAFÉ ASSISTANT

HELPING CREATE A WARM WELCOMING SPACE

We're looking for a friendly and reliable Café Assistant to support the day-to-day running of our community café at the heart of the Community Centre.

The role involves preparing and serving food and drinks, welcoming customers, operating the till, helping maintain a clean and safe environment, and supporting the smooth day-to-day running of the café.

Please email hr@lostwithielcommunitycentre.org or visit 'Get Involved' on the Centre's website for more information.



www.lostwithielcommunitycentre.org.uk
Pleyber Christ Way, Lostwithiel, PL22 0HE

Sports Gear Wanted

Support community fitness!



We're building up our bank of sports equipment for hirers to use and to support new fitness classes at the Centre.

If you have equipment in good working order that's no longer needed, we'd love to give it a new home. Drop donations at Reception.

We're looking for:

- Battle ropes
- Dumbbells
- Barbells
- Kettlebells
- Skipping ropes
- Mats
- Steps



www.lostwithielcommunitycentre.org.uk
Pleyber Christ Way, Lostwithiel, PL22 0HE

2026

JOIN OUR TEAM!

SECRETARY (TRUSTEE) ROLE

SUPPORTING OUR STRONG GOVERNANCE

We're looking for someone to help support the smooth running of the Community Centre through good record-keeping .

The role involves attending one board meeting per month, recording minutes, maintaining charity records, and supporting the trustees in meeting governance and compliance responsibilities.

Please email Chair@lostwithielcommunitycentre.org or visit 'Get Involved' on the Centre's website for more info.



www.lostwithielcommunitycentre.org.uk
Pleyber Christ Way, Lostwithiel, PL22 0HE

Parkinson's Support Group



1st wednesday
of the
month

2-3.30pm

In the Cafe

Love and Laughter,
Knowledge & Kindness
and lots of support !





June News

After the recent heatwave, it really feels as though summer has arrived in Lostwithiel. It was lovely to see the town filled with music, creativity and delicious food stalls during Lostfest.

A huge thank you to everyone who came by to support the Centre. The Garden Café was incredibly busy – with homemade cakes and coffees a favourite. The Prosecco Bar had a steady stream of visitors as well. We're especially grateful to all the volunteers who helped make it possible.

Town Trail & Heritage Award

May also saw the fabulous Lostwithiel Town Trail team receive a Heritage Award in May – so incredibly well deserved. We're very grateful to have received the wonderful new town timeline and bike racks as part of the project.

The timeline shares moments from Lostwithiel's history and now sits alongside the bike racks at the front of the Centre – so do cycle down and have a look next time you're passing through town.

Hall Floor Update

We're delighted to share that the Community Centre hall floors will now be repaired this summer.

The hall is one of the most heavily used spaces in the building, hosting everything from fitness classes and dance schools to fairs, events and children's activities – and after many years of constant use, it is now very much in need of repair. It will be wonderful to see the space refreshed, repaired and remarked with new sports lines.

This work has only been possible because of support from so many people and organisations over the last year, including Sport England, the Property Shop, Crowdfunder donations, the 2026 Danceathon, Lost In Panto, and contributions from the Centre's own reserves – thank you to everyone who has supported the project in different ways.

Works are currently scheduled for the week commencing 22 June and are expected to take around one week.

The Café and the rest of the Centre will remain open as usual throughout the works period.

Booking Spaces at the Centre

With so many groups and activities using the building each week, it's now easier than ever to check availability and book spaces through our online booking system. Whether you need space for a rehearsal, tutoring session, children's activity, gaming session or community meeting, you can now check the live calendar, book a room, amend bookings and pay directly online.

As always, a small reminder to regular hirers to please make sure bookings are entered through the system, and before leaving, check that lights and heaters are switched off and doors are fully closed. These small things genuinely help us keep the building safe, sustainable and running smoothly for everyone.

Friday Late Openings at the Café

Following their popularity over the winter and spring, our volunteer-run Friday late openings will be continuing during term time. What began as a simple idea – creating a warm, relaxed space for parents and children between activities or after school – has quickly become a lovely little Friday tradition, with people dropping in for milkshakes, homework, chats and a bite to eat at the end of the week.

Friday Lates continue from 3:30pm–6:30pm during term time, and the Garden Café remains open daily from 10am–3pm. All welcome!

Getting Involved

Our regular Working Group continues to meet to help care for the building and plan future projects around the Centre. Over the coming weeks, we'll be finishing the benches at the front of the building ready for summer, as well as creating a new external utility and maintenance cupboard.

If you'd like to get involved – even just now and again – please follow our Facebook page for updates about upcoming working days and meetings. New people are always very welcome, and it's a lovely way to meet others while helping care for this shared community space.

At Board level, we are also currently looking for a Secretary to join the trustee team. The role involves attending one Board meeting a month, taking minutes, and helping keep governance and paperwork organised behind the scenes.

If you'd like to get involved – even in a small way – we'd love to hear from you at chair@lostwithielcommunitycentre.org.

Lost Run 7

The Rotary Club of Lostwithiel are delighted to say that as a result of the huge success of Lost Run 7 2025 it will be back this year.



Last year over 40 people from Lostwithiel entered and this year make it a bigger event by more local people entering. In total there were 181 runners who came from as far afield as North Devon, one from Worcester and one from London, and they enjoyed the 7km run on tarmac with beautiful views.

This year the run will take place on Sunday 15th November with a 10.30 am start. The route will be the same and there will be a medal awaiting you at the end once completed.

Numbers are restricted to 300 so don't miss out register now online using this reference: <https://WWW.evententry.co.uk/lost-run-7>. The cost will be £15.00.

The money raised goes towards numerous Rotary charities and many organisations within Lostwithiel have benefitted including The Lostwithiel Surgery, Lostwithiel Scouts, the Community Centre and Lostwithiel Town Band. Other charities also benefit like Cancer Research, Chestnut Appeal, Dementia UK and many more.

If you are not a runner then why not come and be a Marshal. Last year we had a pink unicorn as a Marshal so it could be you this year. Alternatively the runners love spectators. The more encouragement they get the better so come and be a spectator. So let's make Lost Run 7 this year 2026 even bigger and better so it can be an annual event and put Lostwithiel on the map as a running destination.

If you want to be a Marshal please contact Rotarian Barry Mills, bm.mills@hotmail.com or 07968556494. OR Rotarian Paul Bassett, paul@apbassett.co.uk or 07809647842. We look forward to hearing from you.

The Rotary Club of Lostwithiel

The Rotary Club of Lostwithiel are always on the look out for new members. It is very rewarding helping in the community and organising events. In Lostwithiel The Rotary Club involvements include Carnival Week, Lost Run 7, Fast Throw Darts and other events. Rotary is open to both men and women and there is no age limit. We meet on a Thursday evening throughout the year. Our partners are involved in some meetings and we visit places of interest as part of our fellowship.

If you don't want to become a member you could be a Friend of Rotary and help with the events. I am sure there are people out there with skills that can be used in the community through Rotary. If you are interested please contact Rotarian Barry Mills, bm.mills@hotmail.com or 07968556494 OR Rotarian Tom Barker rekrabmot@hotmail.com or 07979755545.

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www.naturalvoice.net/choir/songtide

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The Conservative Club

(A Social Club - Not affiliated)

16 Queen St Lostwithiel PL22 0AD



Open
Wednesday, Friday,
Saturday
8.00pm - 11.30pm

*Application Forms
from the Bar

NIGHT MUSIC

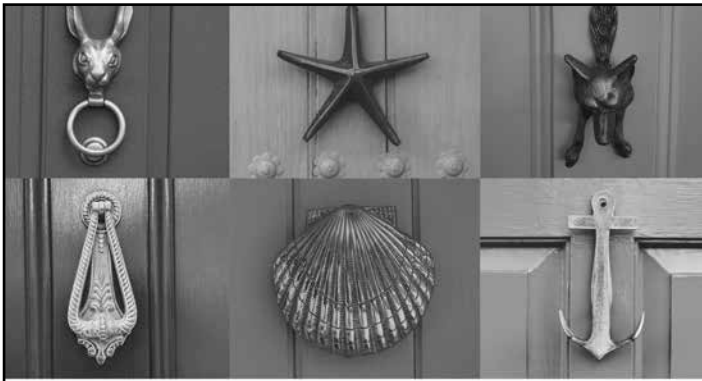
2026

FRIDAYS
9PM - 11PM

THE GLOBE INN, 3 NORTH ST
LOSTWITHIEL

March 27th BARFLY
 April 24th BOUNDLESS BROTHERS
 May 29th BOB SEYMOUR
 June 5th BARFLY
 June 17th ROBIN CURTISS**
 July 24th MONKEY FAG BREAK
 August 28th SMUG JARS
 September 25th PATRICK BLOOMING

** (Wednesday, 8pm start)



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Par office team: 01726 812271
parsales@oceanandcountry.co.uk
www.oceanandcountry.co.uk

Ocean & Country

USEFUL INFO & CONTACTS

LOSTWITHIEL MEDICAL PRACTICE – NORTH STREET SURGERY
01208 872 589 8am– 6.30pm Please ring to request an appointment. For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. www.lostwithielmedicalpractice.nhs.uk

CORNWALL BEREAVEMENT SUPPORT: For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see www.cornwallbereavementnetwork.org. To speak to someone about emotional support available ring **01726 829 874** 10am - 6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am-4pm Monday – Friday.

HEALTH & MENTAL WELLBEING SUPPORT: abichanning@nhs.net Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE : 0800 038 5300 This service is there for everyone.

CITIZENS ADVICE, BODMIN – Ring **0800 144 8848** Mon-Fri 10am-4pm www.citizensadvicecornwall.org.uk Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am-11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am-4pm

ST AUSTELL FOODBANK - If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: info@staustell.foodbank.org.uk www.staustell.foodbank.org.uk for general info or to set up a cash donation.

CORNWALL COUNCIL - Ring 0300 1234 100 or see their website www.cornwall.gov.uk for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL Ring **01208 872 368**

CARRIAGE WORKS DENTAL PRACTICE - Ring **01208 873290** or email enquiries@lostwithieldental.co.uk

PELYN VETS - 01208 872 254

VOLUNTEER CORNWALL - 01872 265 305 For volunteer befrienders.

SILVERLINE- for older people Ring **0800 4708 090**



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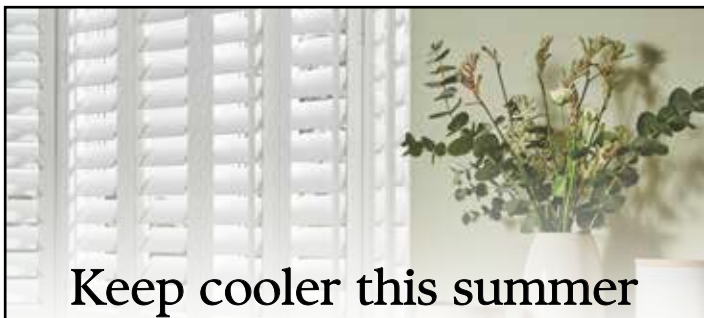
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Email: allsorts@apbassettsolicitors.co.uk

Ann's Gallery

Est 1977

For June we bring you Enamel Lanterns, Water Jugs, and Candle Holders to go alongside our lovely Bud Vases, ideal for those summer evenings in the garden.
Don't forget Fathers Day - We have lots of cards and suitable Come in and browse our new boxes of Odd Socks with fun packaging and designs
Fantastic Greetings Cards, Gifts, Toys, Games and Jewellery on show too
Opening Hours: Monday - Saturday 10am to 4pm Sunday CLOSED

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Opening Times

Mon- 3pm till 11pm
Tues- 3pm till 11pm
Weds- Noon till 11pm
Thurs- Noon till 11pm
Friday- 9am till Late
Sat- 9am till Late
Sunday- Noon till 9pm

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The Carpet Gallery
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The Carpet Gallery
TILES
www.thecarpetgallerylostwithiel.co.uk

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