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APRIL 2026

FREE

LOSTWITHIEL NEWSLETTER

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WHAT'S ON WHERE - MARKETS, EVENTS & GROUPS - APRIL

LOSTWITHIEL COMMUNITY CENTRE & GARDEN CAFE

For latest updates on events and activities at the centre see facebook, www.lostwithielcommunitycentre.org.uk or ring 01208 872207.

ANTIQUES FAIR - Second Sunday of each month, Community Centre Main Hall 10am

CAR BOOT SALE - First Sunday of each month, Community Centre Main Hall 10am

POST OFFICE: Tuesday 12:30 - 2:30 & Friday 12:30 - 3:00

FRIENDSHIP CAFE: Thursday 2pm - 4pm

PRE-SCHOOL PLAYGROUP: Tuesday 9am - 12 noon

GARDEN CAFE: Open Monday - Friday until 3:30pm, Sat until 3pm. Homemade cakes, breakfast baps, £1 childrens menu.

COMMUNITY CENTRE CAR PARK

Mevagissey fresh fish van Fridays around 11am - 12 noon also Johns Fresh Fish van on The Parade every Monday 9am - 12 noon

SCOUT HUT (Main Car Park)

1st LOSTWITHIEL SCOUTS - boys and girls aged 10 - 14 years each Tuesday 7pm til 9pm

1st LOSTWITHIEL CUBS - boys and girls aged 8- 10 years) each Wednesday 6pm til 7:30pm

LOCAL PRODUCE MARKET - Lostwithiel Scout Hut, 4th Saturday of each month 10am - 1pm + Zero waste mobile shop.

ANTIQUES & COLLECTABLES MARKET - first Saturday each month, 10am - 1pm, contact Ann 07881 826032.

QUI GONG - 9:15 - 10:15am Mondays, sweetzersturt@icloud.com

WHOLISTIC YOGA - With Ariadne Fern, Mons 10:45-12:15, addy@theferns.info

MODELMAKING GROUP - all welcome, 1st Friday each month 6 - 8pm

LOSTWITHIEL YOUNG FARMERS CLUB - Monday evenings

RAINBOWS, BROWNIES ETC. - Check national websites for info

LOSTWITHIEL SHORT MAT BOWLS - Friday & Sunday 7 - 9pm

contact secretary, Chris on 01208 871784 for more information

DRILL HALL (next to the Co-Op)

LOSTWITHIEL ARMY CADETS - Tuesday 6 - 8:30pm

CHURCH HALL (Church Lane)

Enquiries Rev. Sheila Bowden 01208 871344

TABLE TENNIS - Monday 6pm, Thursday 1:30pm

LIFE DRAWING - 7:30 - 9:30pm alternate Wed/Tues

MID CORNWALL PHOTOGRAPHIC CLUB - 1st & 3rd Weds, 7 - 9pm

LOSTWITHIEL BINGO FUNDRAISERS - Friday eve 6:30 for 7:30pm

GATEWAY CHURCH - 5pm Sundays

COMMUNITY CAFE - Fri 10am - 2pm, all welcome pay what you can.

LOSTWITHIEL METHODIST CHURCH

STITCHES GROUP - 1st & 3rd Thursday of the month 2 - 4pm

LOSTWITHIEL SOCIAL CLUB Fore Street

lostwithielsc@gmail.com bookings & info b.greswell@btinternet.com

sheila.stevens@btinternet.com or via facebook

New Meeting & Conference rooms available for hire

Friday & Saturday: Bar open 7pm

Free pool night Wednesday 7pm

Bingo with Paul Sweet every Sunday, eyes down 7pm

Quiz Night 1st Friday of the month

Folk Jam 2nd Friday of the month

CONTACTS

Lostwithiel Town Band: Musical Director: David Savage
Tel: 07943311348.

Bowling Club: Restormel Road 01208 871748

Health Visitor Under 5's Clinic: Penrice 01726 74969

Lostwithiel Badminton Club: Eddie Sugar 01208 871111

Boconnoc Cricket Club: Rob Trump 07902 895752 /
Phil Johns 07792 656480

Check www.lostwithiel.org.uk for up to date listings of events in and around Lostwithiel.

LOSTWITHIEL NEWSLETTER – CONTACT & PAYMENT DETAILS

The next Lostwithiel Newsletter is out on **Wednesday 1st April 2026**

Advertisements, Listings and Community News items can be handed in at Palace Printers, Quay Street, Lostwithiel, or emailed to:

palaceprinters@btinternet.com by 20th April 2026

Advertisements to be prepaid: cheques payable to Palace Printers

Advert Payments may be handed in at Palace Printers as above, or posted to: Palace Printers, Quay Street, Lostwithiel PL22 0BS

All enquiries preferably by email, as above, or ring 01208 873187

If you would like to receive Lostwithiel Newsletter monthly via email, please contact me at the above email address.

If you have an event or regular group happening in Lostwithiel and the surrounding area, please do contact me to include it in Page 2 listings.

DISCLAIMER: Lostwithiel Newsletter is an independent non-profit publication by and for the people of Lostwithiel and surrounding areas. It is published 'under the umbrella' of Lostwithiel Business Group but views and opinions expressed in the Newsletter do not necessarily reflect those of Lostwithiel Business Group. The editor reserves the right to refuse material for any reason whatsoever, and cannot be held responsible for any errors or omissions which may occur in this publication.

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. SOCIAL GET-TOGETHER FOR MUSEUM VOLUNTEERS: We were delighted to see so many of you at our pre-season social event held in Q Street Cafe. Your lively chatter created a great atmosphere and it was good to catch up with you. A very special thank you to Q Street Cafe for the delicious canapés they provided.

. NEW SEASON: The date for re-opening the museum to visitors is Monday 30 March. From then until 30 October the museum will be open Mondays to Fridays 10.30am to 4.30pm — and Saturdays 1.00pm to 3.00pm. We look forward to welcoming you to this special gem of a museum — and having the opportunity to share Lostwithiel's wealth of fascinating history.

. TOWN HERITAGE WALKS: Whether you live locally or are visiting for the first time a guided walk with an experienced Town Heritage Walks' Guide is an excellent way of getting to know more about Lostwithiel. During the season the weekly walks will be conducted every Wednesday, starting at 11.00am from outside the Community Centre from 1 April until 28 October. Arranging a special group walk on a different day or time can be done in advance by contacting Pauline Gillett (Heritage Walks Co-ordinator) on 01208 872040.

. LAUNCHING A NEW PUBLICATION: Hot off the press ! An Act of Atrocity is the latest title to join our increasingly popular local publications. This revised version of the Joseph Burnett story (the Lostwithiel Peace Officer who was shot and fatally wounded in Fore Street in 1814) is an account of 'the worst violence witnessed on its streets since the Civil War...almost two centuries earlier.' Written by Geoff Barratt and compiled by Michael Furminger (museum volunteers) this true local story is a compelling read. Copies are on sale for £5 in the museum in Fore Street.

. MUSEUM MATTERS MAGAZINE: Issue 20 (Spring) of this in-house publication is on its way to you. Friends of Lostwithiel Museum Association can look forward to a special doorstep delivery — and museum volunteers will be able to collect their personal copy from the museum. Additional copies will be on sale in the museum. If you have a distribution query please contact Richard Young (Editorial Team) on 01208 367051.

With my thanks to you all, Christine Walton (Chair)

Please follow us on Instagram (@lostwithiel_museum) and on X (@lostmus) Facebook or via our website www.lostwithielmuseum.org

Cancer Research Uk Lostwithiel Branch



As we move into a new financial year new figures show that UK cancer deaths have reached their lowest level on record. It's the result of many people working together, from our research community to the supporters like the many in Lostwithiel who support our events in such great numbers and with so much generosity.

This year we kick off with our Spring Coffee Morning on Saturday 25th April at the Church Rooms in Lostwithiel from 10.30am to 12.30pm. We look forward to seeing you. Look out for posters around town.

Lostwithiel & District Floral Art Club

We meet again on Wednesday 22 April at Lanhydrock Hall starting at 2.30 p.m. Our demonstrator is Karen Smith and her title will be 'In the Nursery. After this tea and biscuits are served and flowers from the demonstration are raffled. We look forward to welcoming everyone to our friendly and lively club. Come along as a visitor for £8 and see whether you would like to join us.

Lostwithiel Bowling Club Is Celebrating Its Centenary



Lostwithiel Bowling Club start their Centenary Year when the green opens on Saturday, 18th April and have several special events organised throughout the summer including a tournament with other clubs and a celebratory BBQ for members and their families.

BOWLS IS FOR EVERYBODY



We also hold open sessions when anyone can come and try the game and have fun:

- Saturday, 2nd May (10.00am-1.00pm)
- Sunday, 3rd May (1.00-4.00pm)
- Sunday, 10th May which will be a ladies-only afternoon (More details to follow)
- Every 2nd and 4th Friday evening from 6pm, starting 12th June

Our friendly club has a beautiful and tranquil setting and we look forward to welcoming you.

If you would like more information please contact Penny, our secretary, 01208 873169 or penny981@btinternet.com

Lostwithiel Rainbows

FOR GIRLS AGED 4-7 YEARS

During February we celebrated 100 Years of The World Association of Girl Guides and Girl Scouts (WAGGGS), we met with other Rainbows, Brownies, Guides and Leaders from the Restormel area and spent the day completing lots of different activities.

The activities included making friendship knots, planting bulbs, making bird feeders, making a Swiss chalet using biscuits, icing, marshmallows and sprinkles which we then ate. At the end of the day we all joined together for a sing song before going home. Since then we have made a Mothers Day gift and completed Easter Activities.

If your daughter would like to join us then please contact us using the details below.

For more information on joining our Rainbow group please phone 0800 169 5901 or visit www.girlguiding.org.uk



Lost In Film

Visit www.lostinfilm.org.uk to watch trailers and buy tickets for all films. Films are shown in the Church Rooms, Lostwithiel. BYO drinks. Doors at 6.45pm, film at 7.30pm.

The Voice of Hind Rajab (15) - Monday 27th April

Blending documentary audio and dramatisation, volunteers at the Palestine Red Crescent Society stay on the phone with a 6-year-old girl who gets trapped in a car in war-torn Gaza.



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**THE 2026 FESTIVAL
RUNS FROM MAY 1ST – MAY 9th
FESTIVAL OPENING NIGHT, MAY 1st, 2026**

Booking is now open for a stellar line-up at this year's du Maurier Fowey Literary Festival from 1-9 May.

Author Andrew Lownie discusses his book *Entitled: The Rise and Fall of the House of York*; journalist Sarah Vine shares personal insights into her memoir *How Not to Be a Political Wife* and former BBC Breakfast presenter Dr Sian Williams talks about her career as a psychologist and book *The Power of Anxiety: How to Ride the Worry Wave*.

Sir Jeremy Hunt opens the festival in conversation with Iain Dale about the forces reshaping the world and Britain's future role within it and authors Patrick Gale, Adele Parks, Harriet Tyce, Liz Fenwick, Emma Lloyd-Cowell, Patrick Charnley and Fern Britton are among the novelists chatting about their latest works.

Film critic Mark Kermode and radio producer Jenny Nelson chat to Petroc Trelawny about movie music whilst Lord Peter Ricketts' gripping account of the British diplomats who quietly shaped the course of the Second World War is the subject of his talk with Iain Dale.

Other events include an opening night concert by The Overtones, foraging walks with Rachel Lambert, guided du Maurier walks, literature discussions, writing workshops and a comedy evening with Kernow King.

For more information and to book tickets, visit:

www.foweyfestival.com

Secret Gardens

Mon 25 & Tue 26 May 2026

We are delighted to announce that Secret Gardens is returning once more to The Du Maurier Fowey Literary Festival. This is a chance to discover 6 wonderful private gardens, as they open their doors to the public over 2 days. From spectacular views to secluded havens, these hidden gems are a joy to discover. In a change to previous years, Secret Gardens 2026 will be opening during the Spring Bank Holiday week, on Monday 25 and Tuesday 26 May (2026 Festival dates are 1st - 9th May).

This year sees the very welcome return of Thomas Martyn, performing a series of four 20-minute operatic interludes at Broadstairs garden on North Street and at Daglands House. Please note access to each performance will be capacity controlled, on a first arrivals basis. In addition, some gardens will be offering tea and cake and there are plans for a mini bookshop.

Secret Gardens is raising funds for The du Maurier Fowey Literary Festival* and tickets for the event are available on the festival website. Your £7 open ticket will give you access to all the private gardens listed over the 2 days. Children 12 and under are free and must be accompanied by an adult. Tickets can also be purchased at the participating gardens on the day. Details of the private gardens, along with opening times & tickets, are available via the Secret Gardens page of the Festival website, <https://www.foweyfestival.com/> and via our shiny new Facebook page.

We very much look forward to seeing you soon and sharing our beautiful gardens with you!

The Du Maurier Fowey Literary Society is a registered charity. No. 1143916

Fowey River Lions

Hopefully, with the spring equinox behind us, we can look forward to some long, hopefully sunny, summer evenings. It's been a long, wet winter, but the Lions have continued to work hard to raise funds for local projects and good causes. Most recently we were delighted to have a fabulous evening of prize Bingo at Havener's in Fowey. We would like to thank Lee and his team who worked really hard to deliver an excellent event, and all the local businesses and individuals who donated so many wonderful prizes. Overall, the event raised almost £800, so our final thanks must go to everyone who took part, this included some of our new friends from Clarksville Virginia Lions Club, who took time out of their holiday to join us for the evening.

Our Easter Egg prize draws were a success again this year, so congratulations to all our winners, and thanks to all the businesses



who took the time to host a draw. More news on the total raised from this activity in the next edition. The Lions will be seen collecting for the Marie Curie Great Daffodil Appeal on Fowey Fore Street and around the town. Marie Curie supports anyone with a terminal illness, and those close to them. The Lions team is always happy to support charities and good causes, so if you have a local event that needs assistance, please get in touch.

We are pleased to announce that Kevin Rouse has agreed to step into the role of President. Kevin is well known locally and we are looking forward to his leadership over the next 18 months. As a small group, we are always on the lookout for new members to join the team, it's a great way to give something back to the community and feel part of something much bigger. If you have an hour or so a week to spare and you'd like to learn more about what we do drop us an email. We would love to hear from you and we can tell you a little bit more about what being a Lion means without any obligation to join. You can contact us at foweyriverlions@gmail.com or by phone on 0345 833 7484.

Finally, if you haven't already done so, please log on to your Co-op account and select us as your community project for the year. It won't cost you a penny and will help us to fund our Senior Citizen's Christmas lunch in December. To find out more about our project visit the website on membership.coop.co.uk/causes/100031

THE FRIENDS OF BOCONNOC CHURCH



EXHIBITION OF BRIDAL DRESSES THROUGH THE AGES at BOCONNOC CHURCH

on the following dates:

Monday 4th May 2026 2 – 5 pm

in conjunction with the NGS

Sunday 10th May 2026 2 – 5

in conjunction with a Childrens Hospice event

Sunday 17th May 2026 10 – 4

in conjunction with the Boconnoc Spring Walk

Fowey RNLI

On Saturday 21 February, just 4 days after arriving at Fowey Lifeboat Station, our brand new Atlantic 85 lifeboat, 'Spirit of Daisy', was called out on her first ever shout. A new rib with three people onboard had broken down at Silvermine in St Austell Bay. One of the people called a Fowey lifeboat crew member for help. The crew member advised the casualty to call the coastguard on 999 so that they could coordinate and supervise the lifeboat launch.



Fowey's volunteer crew were paged at 1:45pm and the Atlantic 85 was launched at 1:50pm, with Adam Russell as helm, plus Callum Pritchard, Jan Philp and Oli Luck as crew. They made best speed to the location and the vessel was located. The crew set up a tow line and 'Daisy' towed the rib back to Fowey where the casualties were safely landed at Caffa Mill. A safe ending to the start of 'Daisy's' lifesaving career.



On Saturday 14 March, Falmouth Coastguard tasked Fowey's Atlantic 85 lifeboat to assist a 47' yacht 12 miles south of Fowey harbour. The lifeboat launched at 10:39 and proceeded to the yacht arriving at 11:04. On arrival Border Force were on scene. Plymouth's all-weather lifeboat was also tasked. Border force staff were on board, and Fowey's Atlantic stood off. When Plymouth lifeboat arrived on scene they took the casualty vessel under tow and the Atlantic escorted the lifeboat and the yacht towards Fowey. At 11:56 Fowey were then tasked to another incident so left the yacht to be towed back to Fowey by the Plymouth lifeboat.

At the request of the Fowey harbour master, Falmouth Coastguard also requested the launch of Fowey's D Class lifeboat to provide the Plymouth Lifeboat with local knowledge of Fowey harbour. At 12:47 Fowey's D class lifeboat launched and met the Plymouth lifeboat with the yacht under tow at 1:10pm. One of Fowey's crew transferred to the Plymouth lifeboat to provide local knowledge briefing and pilotage. Fowey's D Class then followed them both into Fowey harbour to moor the yacht at Berrills yard pontoon.

In the second shout that day, Falmouth Coastguard tasked Fowey's volunteer crew to assist a Merry Fisher yacht with machinery failure, a detached prop shaft and possible water ingress. They arrived on scene to the second stranded yacht at 12:15. The crew carried out an investigation and no water ingress was found, but as there was potential for water to ingress, the boat needed to be towed to a safe place where it could be lifted out of the water. It was decided that Falmouth was the best location, and that the boat needed to be towed there, so Falmouth lifeboat was requested to assist. The Falmouth crew arrived and took over the tow at 1:37 whereby the Fowey lifeboat was released.

On Sunday 15 March, whilst Fowey's Atlantic 85 was on one of their regular Sunday morning training exercises, Falmouth Coastguard tasked the Fowey crew to assist a 47' yacht with a suspected fire on board. Arriving on scene at 11:35 the situation was assessed and the casualty was asked to return to Fowey. Because of the weather conditions in Fowey harbour at the time, Falmouth Lifeboat was requested to assist with manoeuvring within the harbour as the yacht had no engine. Falmouth lifeboat arrived on scene, and along with Fowey's Atlantic 85 escorted the yacht under sail into Fowey Harbour, where the lifeboats manoeuvred it to moor up at Berrills yard pontoon.

We will be having an official naming ceremony for 'Spirit of Daisy' on Saturday 25 July on Town Quay at 3pm. Invited guests including 'Spirit of Daisy's' donor and his family, will witness her being officially named and handed over to Fowey lifeboat station. She will be on display in the harbour and will be giving a demonstration after the ceremony, which everyone is very welcome to come and watch.

In February 2026, Malcolm Richardson and Mark Strudwick successfully passed out as a Launch Authority for Fowey RNLI. Mark originally joined the Fowey lifeboat crew in 2007 and served on the Trent all-weather lifeboat for 10 years as deck crew and then later as a Navigator. He came back to the station last year and has since completed his training as a Launch Authority. Malcolm is an Area Technical Manager for the RNLI, as well as having been being a member of the Fowey lifeboat crew for 28 years. Now as a fully trained Launch Authority he also joins the station's Launch Authority (LA) team. When on duty the LA is the first point of contact when the coastguard receives a 999 call. As an LA they are responsible for authorising a launch, and if a launch is agreed, the coastguard will then page the crew. As the volunteer crew quickly make their way to the station, so does the LA, who will then gather as much information as possible about the shout so that they can brief the helm of the lifeboat and assemble the crew. Fowey's Lifeboat Operations Manager, Paul Gamble, said: 'Very well done to Mark and Malcolm and thank you for the commitment and hard work you have put into achieving your new roles as LA's.



Join us for a 'Nosh and Grog' Dinghy Run to Penmarlam Cafe run on Sunday 17 May. Dinghies to depart from Berrills Yard pontoon at 1pm and make their way over to Penmarlam. There will be a buffet lunch and The Polperro Wreckers will be there to entertain us, plus there will be a raffle. Tickets / wristbands are £15pp including buffet. Please note payment is cash only, available from the Fowey RNLI shop or from Penmarlam Cafe. In aid of Fowey RNLI lifeboats.

The Wandering Elderberries will be at Polruan Coal Wharf on Sunday 12th April from 3pm, all donations for Fowey RNLI.

Keep up-to-date with all of our shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee



Lifeboats

Nosh & Grog Dinghy Run to Penmarlam Cafe

**Sunday 17
May**

**Dinghies to
depart from
Berrills Yard
pontoon at
1pm**

 @FoweyLifeboat



Featuring
'The Polperro Wreckers'

Raffle and buffet

Tickets / wristbands are £15pp
including buffet.

Cash only - available from Fowey
RNLI shop or from Penmarlam
Cafe.

- Entry with wristband
- In aid of Fowey RNLI

Lostwithiel Brownies

Lostwithiel Brownies age 7-10yrs Come join our friendly Brownie group, we do indoor and outdoor activities, and love working towards badges .

A chance to meet new friends and have fun together come rain or shine.

If you have a daughter interested in joining our group please phone 08001695901 or register at www.girlguiding.org.uk

Chapel Chat

6-7 He said, "Don't be afraid. I know you're looking for Jesus the Nazarene, the One they nailed on the cross. He's been raised up; he's here no longer. You can see for yourselves that the place is empty. Now—on your way. Tell his disciples and Peter that he is going on ahead of you to Galilee. You'll see him there, exactly as he said."

Mark 16:6-7 from The Message

Church Activities for February at a glance

April 5th Easter Sunday – Fellowship

April 12th Café Church

April 19th Mr Peter Santo Warner

April 26th Café Church

April 30th Coffee Morning

Stitches -

Every 1st and 3rd Thursday 2-4

Music Appreciation –

Last Wed. of the month at 7.30

Reading Group –

every 2nd Monday at 10am

St Bartholomew's News

When we seem to be shrouded in cloud every day, it is such a joy to stand in the garden and look at all the bulbs and shrubs bringing the lovely Spring colour to our lives. We may be in the middle of global warming, but nature always wins out in the end. The more we discover about our past, the more we find similar conditions in world history. And of course we celebrate the message that Jesus brought us – that death isn't the end, and we can remember those we have lost, with fond memories. Of course Lent is over and we can enjoy all those Easter eggs too!

The Benefice Celtic Eucharists continue at 10.00 every Thursday morning, for anyone who wishes to attend quieter, more contemplative services with no hymns.

There will be no 10.00 service on Maunday Thursday, as there is a Benefice evening service at 7.00. There will be a Benefice service at St Winnow on Good Friday morning at 10.30.

3rd of April is Good Friday, traditionally a day of sorrow, penance and fasting. It is the day that Jesus was crucified. We will be remembering his Last Hour in St Bartholomew's, with silence and prayer from 2.00.

On Sunday 5th at 11.00, we celebrate Easter Sunday in our Family Service, as we remember Jesus' proof of resurrection for us all. There may be Easter Eggs too!!!

Our Spring Fayre will be on Saturday 11th in the Church Rooms from 11.00 – 2.00. We welcome any items though would ask that they are clean and in good condition. Refreshments will be available. We would value any help on the day, and the Rooms will be open from 10.00 for anyone who can spare a few hours to help.

Sunday 12th is a Eucharist starting at 11.00, then Sunday 19th again at 11.00, we have Morning Prayer with the Churchwardens. Sunday 26th at 11.00, we have Eucharist.

Our Annual Parish Meeting, APCM, will be held on Sunday 26th after the service. All are welcome - it is a good way to learn how our PCC looks after the Church. We also agree who will be Churchwardens for the next 12 months.

See you in Church!

u3a Lostwithiel
learn, laugh, live

At our last open meeting on Monday 2nd March, our speaker was Kay Turner who is currently Joint President of Soroptimist International St. Austell & District Club.

Likened to Rotary International and Lions International, Soroptimist International is a women led organisation with 66,000 members around the world, focusing on activities and projects, raising awareness and money to support and give a platform to vulnerable women and girls. Kay has been a Soroptimist since 1998 and she explained how she had got involved with the organisation and the types of project the organisation sponsors.

Our next open meeting will be on Monday 11th May at 2pm in the Church Rooms Lostwithiel when Mark Hemsley will be giving a presentation charting the evolution of television news in the UK, including the technological changes that have helped shape how we consume our daily news.

We are always pleased to welcome non-members to these open meetings to listen to the talk and find out more about our Lostwithiel u3a interest and activity groups.

There is more information about the u3a and how you can join on our website at www.lostwithielu3a.org.uk.

Contacts :

David Platt 07484 124490

Membership : Stephanie Thomas 07980 871491

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South East Cornwall Labour Party

The world feels very unstable at the moment and we all hope that the war in the Middle East will end very soon.

At home the government is working to help with the cost of living - local families can now access 30 hours of free childcare from April and the first of Labour's fully funded school based nurseries has opened in St Austell, saving families up to £8,000 in fees which they would have paid to a private provider. Lostwithiel school is part of the pilot roll out of free breakfast clubs and the two child cap has been scrapped, lifting thousands of Cornish children out of poverty. For many local families, renewable energy upgrades such as heat pumps and installed solar panels are unaffordable, so it's good news that the Government is working to speed up the availability of plug-in solar panels which will soon be available in high street shops and supermarkets.

Lostwithiel member, Rupert Warrick, recently delivered an excellent presentation to members explaining the government's £1 billion Local Power Plan, which will provide funding for community groups and councils to install small scale renewable energy infrastructure on their premises. The government is inviting interested organisations to submit expressions of interest and Rupert's PowerPoint is available to help people understand what is required.

The war in the Middle East has made us all more aware of the importance of energy security.

Our MP, Anna Gelderd, is working hard to deliver for South East Cornwall – just a few examples from recent weeks give a flavour of the range of activity :

- **Spoke on BBC Radio Cornwall** about her campaign for cheaper tolls for local people and the TamarTag admin fee consultation, encouraging local people to have their voices heard on it.
- **Hosted a Special Educational Needs/Disabilities Roundtable in Liskeard** with local residents and education professionals to discuss SEND provision in our area. Raised issues from this and a recent caseworker SEND drop-in to feed into the SEND White Paper.
- **Met with representatives from Polruan Surgery** to discuss residents' concerns over the future of the surgery since Fowey River Practice launched their consultation and engagement process.
- **Held a roundtable with local publicans and St Austell Brewery** to speak about the essential part the industry plays within communities, driving tourism, employing local people, and providing communal social spaces.
- **Visited Whitecross Market near Polruan**, to speak directly with local traders about the excellent local produce they have to offer.
- **Met with representatives from Callington Health Centre** to discuss their expansion plans and the £21,000 they are receiving through Great British Energy.
- **Hosted a bus roundtable in Saltash** to discuss issues that people have been having with accessing reliable bus service
- **Secured a debate** on tolled roads and regional connectivity, bringing the issue of the Tamar Tolls to the heart of Parliament.
- **Spoke in parliamentary business questions** session about the proposed increase of TamarTag admin fees, and on issues surrounding property managing agents in South East Cornwall, such as excessive charges for invoicing and not fully carrying out jobs they are meant to have done.

In addition to her own work, Anna's office team supports constituents on a daily basis, helping with a wide range of issues. During February and March her caseworkers dealt with an amazing 1,918 individual pieces of casework!

Our next members' meeting will be on May 21st.
Sally Sweeney – Chair - 07984334761

Veteran's Breakfast Club

Veterans breakfast club welcomes any HM service veterans. Royal Navy, Army, Royal Air Force, no matter how long or short your service was.
The idea is to socialise in a relaxed environment where everyone can enjoy friendly banter and breakfast!
Wives , partners, children welcome.
Next meeting - Saturday 18th April.
Venue - Earl of Chatham, Time - 09.30 - 10am Raffle

Mayor's Column

As a Council we are pleased to say we now have available again a fully functional Flood Warden scheme, thanks to the new volunteers who came forward. All have attended both practical and theory training sessions.

Staying with the mention of volunteers we are still in need of volunteers for the library and information regarding these positions can be obtained from the Council office or when the library is open, Saturday 9.00-12.00 and Wednesday 10.00-16.30. I understand one or two people have been unable to find the library. It is relatively easy to find at the top of North Street on the left hand side accessed via 2 black courtyard gates.

At our last Council meeting we adopted several new and revised policies, being;

1. Biodiversity
2. Complaints Procedure
3. Community Engagement
4. Training Statement of Intent
5. Publication Scheme ,FOI/ EIR

These are all available to read on the Council website.

By the time you read this report Shire Hall Moor will be open again, as the damaged and dangerous Leylandii trees have been removed. More trees will have to be taken down as they pose a great risk to the S West Water site. A replanting schedule is being drawn up by the Council and in discussion with SWW.

Could I please encourage you to attend The Annual Parish Meeting, usually most town organisations are represented and it's great to be able to hear their annual reports. The date of the meeting will be available on Council website and noticeboard.

The Lostwithiel TC office has received a complaint regarding motorbikes being ridden on footpaths in the Lostwithiel Parish. The member of the public has reported the issue to Cornwall Council who have advised that it should be reported to the Police as it's illegal. This has been reported to St Austell and Bodmin police stations.

The Mayor's surgeries, Now with the (hopefully) better weather I intend to start The Mayor's surgeries again, but on the last Saturday morning of each month, starting on April 25th outside the Co-op weather permitting ,if not in the library.

John
Mayor of Lostwithiel

Social Club News

The club held its AGM in March which was attended by members.

Everyone was happy with the progress the club is making. However still more to do.

April will see the return of Mrs Jarley she will be visiting on April 25th and 26th Tickets are available from Penhaligon's make sure you don't miss out on this amazing show. Mrs Jarley has been to the club on two occasions and has been well enjoyed by all who follow her. Mrs Jarley likes to help in raising money for iconic building. Please come and support her.

The club offers rooms for hire. The main function room can accommodate birthdays party's Christening parties. wakes, even a wedding reception. We also have two rooms that can be used for meetings. Please look in or email us to have a chat about your event.

The club continues with its weekly free pool, folk jam every 2nd Friday. Our quiz night has returned and very successful. The next one will be on Friday the 1st May starting at 7:30. Teams up to 6 £3 per team member. See you all on Friday 1st May.

Thanking everyone for their continued support.

Sheila Bawden. chair.



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Lostwithiel Community Centre

TABLE TOP SALE

Browse treasures and bargains — all indoors, whatever the weather!

Our Café will be serving hot drinks, cakes and light lunches.

1ST SUN OF THE MONTH
 10AM - 2PM
 1 Feb
 1 March
 5 April
 3 May

Per Table
£7.00
 £12 for 2 tables



Find out more: <https://www.lostwithielcommunitycentre.org.uk/>
 Phone: 01208 872207

2026

JOIN OUR TEAM!

SECRETARY (TRUSTEE) ROLE

SUPPORTING OUR STRONG GOVERNANCE

We're looking for someone to help support the smooth running of the Community Centre through good record-keeping .

The role involves attending one board meeting per month, recording minutes, maintaining charity records, and supporting the trustees in meeting governance and compliance responsibilities.

Please email Chair@lostwithielcommunitycentre.org or visit 'Get Involved' on the Centre's website for more info.



www.lostwithielcommunitycentre.org.uk
 Pleyber Christ Way, Lostwithiel, PL22 0HE

Sarah Preece, Lib Dem Councillor

With the sunshine arriving recently - it feels like Spring is well and truly on its way, and how welcome that has been.

To add to the good news, Cornwall Libraries Service have been announced regional winners of the South West Library of the Year at the British Book Awards last month. Not only great news for Cornwall, this means we are one of just eight library or library authorities to go forward for the UK Library of the Year Award in May.

Our submission celebrated something we see in our best library services - how they enable people of all ages to deepen their learning and interests, offer friendly spaces to meet and engage in activities and how they help bring communities together.

We are blessed by our library services and by all the brilliant volunteers who help. So, support your local library, and treat yourself - the average library user saves £500 per year by borrowing rather than buying. And they are all fine-free!

Meanwhile, if you struggle to access your local library building you can access our digital services from home - ebooks, eAudio, magazines, and newspapers, including local newspapers are all available, free of charge. Just visit Cornwall Council's website and type - Libraries - in the search bar.

In more challenging news, Cornwall Council's budget has now been set for the financial year. It won't come as a surprise that - like councils up and down the country - we are struggling with increased costs and demands on services. However, it was particularly tough for Cornwall as the government's fair funding review last summer - which allocated funds towards the additional cost of delivering services in rural areas - was revised at the last minute favouring urban and metropolitan areas and leaving Cornwall Council needing to make savings of around £154m over a three-year period.

When you reflect on everything the council does, it makes you realise the enormity of the task we face to keep services up and running. However, as hard as it was to set the budget, and cuts were inevitable, we did manage to produce a balanced budget with ring-fenced investments for children and families, adult social care, services such as waste, transport, housing and fire and rescue services. We also worked hard to protect frontline services and to find savings in overheads to minimise the impact of the cuts.



In better news, you may have seen BBC Spotlight were in Lostwithiel recently helping promote the application to achieve designated bathing water status. This was the only application in Cornwall and the only inland waterway to be shortlisted. We await the outcome of the consultation, but I would like to thank all those who took time to complete the survey, Lostwithiel Town Council for supporting the application, and Lostwithiel Environment Action Forum (LEAF) and Lostwithiel River Swimmers for their enormous efforts.

Follow me on Facebook at: Sarah Preece Cornwall Councillor for Lostwithiel and Lanreath, or follow me on Instagram at: <https://www.instagram.com/sarahpreceplibdem/>

Lostwithiel Environment Action Forum



You can now Recycle more from home

Cornwall Council have recently issued a new list of more items that can be Recycled at home and in the spirit of **'COMMUNITY'** we are pleased to highlight these new and additional items.

LEAF (Lostwithiel Environmental Action Forum) is pleased to advise Newsletter readers of this great step forward in all our efforts to increase the Recycling rate in both Lostwithiel and indeed the county.

So much information can be found in the Recycling A-Z, a useful tool. It allows you to search for items and see whether they can be recycled and which container they go in.

Go to <https://www.cornwall.gov.uk/rubbish-recycling-and-waste/recycling/recycle-more-from-home/>

In a nutshell and in that spirit of **'COMMUNITY'** you can now Recycle so much more including as an example Tetra-Paks and the like:

Juice cartons Plastic film and wrappings like;

- Plastic bags
 - Plastic carrier bags
 - Sweet and Chocolate wrappers including ice cream and biscuit wrappers
 - Crisp packets
 - Cheese, fish and meat wrappings
 - Cling film
 - Bubble wrap, fruit and vegetable net bags
- These can all be bagged up in a small bag such as a bread bag and placed in your Red Recycling bag.

Also collected are Tetra-Paks which should be placed in your weekly Red Recycling Bag for collection.

- Milk cartons
 - Plant based milk cartons like oat, almond and soya milks
 - Soup or sauce cartons
- You may also be pleased to know that spent domestic batteries can now be recycled at Morrisons supermarket in Bodmin and Blister Packs can be deposited at both Boots the Chemist again in Bodmin and Super Drug in Truro.

Again, with that **'COMMUNITY'** word in mind we are pleased to draw your attention to these new additions.

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Lerryn Area Minibus Association

April 2026

Providing community transport for people living in the Lerryn Area

Trips leave from Lerryn and Lostwithiel, and return at the times shown below. It is essential to book your seat and arrange a pick-up point.

For bookings, passenger registration and all queries, please call Jacquie/Jo on 01208 811175

DATE	DESTINATION	TIME		RETURN FARE
Tue 7th Driver: Chris	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Fri 10th Driver: John	Truro	Lerryn Lostwithiel	09:30 - 15:00 09:45 - 14:45	£6.00 adult
Tue 14th Driver: Richard	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Tue 21st Driver: John	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Thu 23rd Drivers: Nick & Ed	SPECIAL TRIP The Lizard	Lerryn Lostwithiel	09:30 - 17:45 09:45 - 17:30	£15.00 adult
Tue 28th Driver: Kevin	Bodmin and Supermarkets	Lerryn Lostwithiel	09:30 - 12:45 09:45 - 12:15	£4.00 adult
Wed 29th Driver: Michael	SPECIAL TRIP Par Market and St Austell	Lerryn Lostwithiel	09:30 - 13:30 09:45 - 13:15	£4.00 adult

All people living in the area may register. Under 18s travel half price.

NB: Please see lerryn.net/minibus for full details of LAMA's services.

April 2026 Special trip



The Lizard

23rd April 2026

Enjoy a coffee in Porthleven before proceeding to The Lizard for lunch on the cliff tops, and later stopping at Roskilly's Farm for an ice cream on the way home.

- Depart Lerryn car park - 09:30
- Depart Lostwithiel - 09:45
- Arrive Porthleven - 11:00
- Depart Porthleven - 12:00
- Arrive The Lizard - 12:30
- Depart The Lizard - 14:30
- Arrive Roskilly's Farm - 15:00
- Depart Roskilly's Farm - 15:45
- Arrive Lostwithiel - 17:30
- Arrive Lerryn - 17:45

Cost £15

Booking arrangements: Online booking or call 01208 811175

Trips available to LAMA members and registered passengers only. Please phone 01208 811175 or visit lerryn.net/minibus for more details and to register.

Parkinson's Support Group



1st wednesday
of the
month

2-3.30pm
In the Cafe

Love and Laughter,
Knowledge & Kindness
and lots of support!



Lostwithiel Cancer Support Group



14:00-15:30
2nd Wednesday
of every month

Lostwithiel Community Centre
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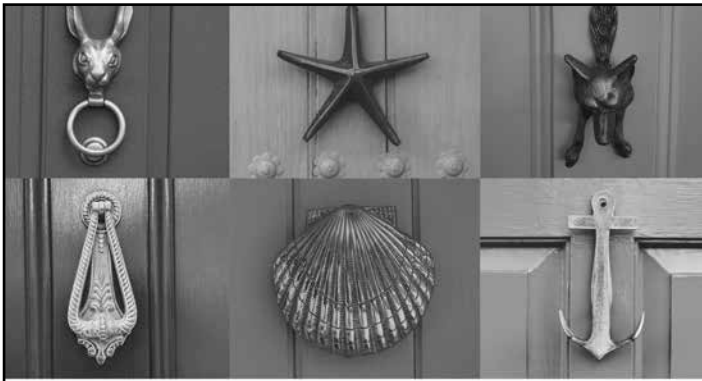
2026

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 01208 872 589 8am– 6.30pm Please ring to request an appointment. For routine tests and appointments, please wait for the Surgery to contact you. Check our surgery website below for useful up to date information, including Covid, useful contacts, latest developments and treatment available. www.lostwithielmedicalpractice.nhs.uk

CORNWALL BEREAVEMENT SUPPORT: For a list of charities and services providing support for those who have lost a loved one (from any cause and at any age) see www.cornwallbereavementnetwork.org. To speak to someone about emotional support available ring **01726 829 874** 10am - 6pm including weekends. For support with the process and practicalities following a bereavement ring **01872 252 713** 9am-4pm Monday – Friday.

HEALTH & MENTAL WELLBEING SUPPORT: abichanning@nhs.net Contact Abi Channing for advice and link to specialist services (eg bereavement counselling, mental health support, volunteer befrienders).

CORNWALL NHS 24/7 MENTAL HEALTH SUPPORT LINE : 0800 038 5300 This service is there for everyone.

CITIZENS ADVICE, BODMIN – Ring **0800 144 8848** Mon-Fri 10am-4pm www.citizensadvicecornwall.org.uk Based at The Old Library, 10 Lower Bore Street, Bodmin PL31 2JX Drop in available Tuesdays 10am-11.30am Disabled Access but no disabled parking. For help or advice, please contact our team by texting the word **ADVICE** to **78866**; we'll call you back within 48 hours (excluding weekends) or ring **0800-144-8848** Monday-Friday 10am-4pm

ST AUSTELL FOODBANK - If you ring or email them, they will talk you through your situation and put you in touch with a local agency for referral. Tel: **01726 65313** Email: info@staustell.foodbank.org.uk www.staustell.foodbank.org.uk for general info or to set up a cash donation.

CORNWALL COUNCIL - Ring 0300 1234 100 or see their website www.cornwall.gov.uk for council services available, and to sign up for their useful Keep Cornwall Updated email newsletter.

MOUNTCHASE PHARMACY, FORE ST, LOSTWITHIEL Ring **01208 872 368**

CARRIAGE WORKS DENTAL PRACTICE - Ring **01208 873290** or email enquiries@lostwithieldental.co.uk

PELYN VETS - 01208 872 254

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SILVERLINE- for older people Ring **0800 4708 090**



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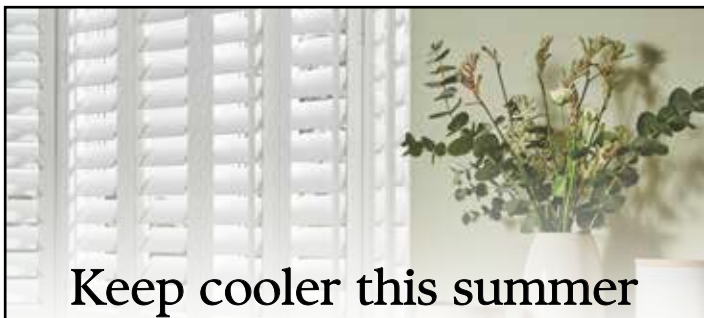
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Ann's Gallery

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