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FREE

# LOSTWITHIEL NEWSLETTER

## Lostwithiel Town Trail Heritage Award Winners



We are pleased to announce that Lostwithiel Town Team have been awarded two Cornwall Council Heritage Awards at a ceremony hosted by Falmouth Maritime Museum.

The first award for 'Heritage Heroes' is recognition of the efforts of the volunteer team in creating Lostwithiel's new town trails. David Guiterman, Michelle Nineham, Sarah Preece, John Scott and Phil Wisdom worked for two years with others from the town to create four trails that celebrate the town's history, environment, culture and language.



The Heritage Highlights Trail takes you through 20 key landmarks and explores the history of the town and its historic buildings. It also reintroduces the brilliant Brass Plaque Trail celebrating Lostwithiel's historic buildings.



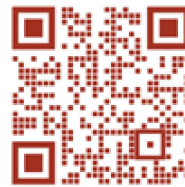
The Young Explorers Nature Trail follows the River Fowey to explore its wildlife through rubbing posts and informative nature plaques.

The Pub Trail highlights the town's hospitality scene, past and present, inviting exploration of the historic locations of Lostwithiel's pubs and the welcome of the town's current day pubs and eating places.

The trail is enhanced by a signature bench on the parade describing Lostwithiel's history; new benches and picnic tables from Second Island to Coulson Park; bird and bat boxes located in the trees along the Fowey and on the rooftop eaves of the Community Centre; and a new 'listening post' positioned by one of the benches in the churchyard offering a thoughtful soundscape linked to an immersive filmic snapshot of Lostwithiel.

Three new maps located on the Parade, on Quay Street and in the Cattle Market carpark lay out the three trail routes and link to these accessible trails through the website. Alongside the trails the Town Team commissioned a cycle rack and a time line sign outlining the key historic moments of Lostwithiel's

history both of which are located outside the Community Centre. The signs and the trail are enhanced with Cornish language linking explorers to our historic and living contemporary language.



The trails are designed with mobile phones in mind, accessible through the new website which is full of historic information and via a QR code accessed on the signage and infrastructure installed throughout the town.

At the ceremony's finale, the team were delighted to be doubly awarded with the prestigious - 'Spirit of the Awards'. This is awarded to those projects that recognise - not just their own category - but all the qualities defined by the preceding award categories - outstanding rootedness and connectedness, community impact, collaboration, values-led practice, leadership and inspiration.



The project was also praised for its focus on accessibility and long-term sustainable design.

Pick up a leaflet from one of the map boards, go to [www.lostwithieltowntrail.org.uk](http://www.lostwithieltowntrail.org.uk) or scan the QR code with your phone for more information.



Thanks to Bodmin Creative Studios for the design aspects of the trail; our local makers - Park Signs for the signage, Turps Woodwork for the benches, picnic tables, bat and bird boxes; GreenSpan for the all-access bench by the children's play area in Coulson Park, designed

with pram and wheelchair users in mind; and thanks also to them for the English chestnut Signature Bench on the parade whose design was assembled from the ideas and inspirations offered by the wonderful people of Lostwithiel.

Thanks to Julie Tamblin for advice on language and thematic elements and Mark Pearson for the sustainability principles. Finally, thanks to Lostwithiel Town Council, Lostwithiel Community Centre and Bartholomew's Church for permissions to use their land. Thank you all.