

## SEASONAL FARM TO FORK CAFÉ

### *Breakfast Menu*

served until 11:30

#### *Full Cornish £15*

2 x sausage, 2 x bacon, vine roasted tomatoes, field mushroom, rosemary & bay homemade baked beans, Cornish hogs' pudding, 2 x Rosedown fried eggs, toast

#### *Small Cornish £12*

1 x sausage, 1 x bacon, vine roasted tomatoes, field mushroom, rosemary & bay homemade baked beans, Cornish hogs' pudding, 1 x Rosedown fried egg, toast

#### *Vegetarian Breakfast £11.50*

2 x vegetarian sausage, vine roasted tomatoes, field mushroom, rosemary & bay homemade baked beans, Rosedown fried egg, toast (NGI)

#### *Vegan Breakfast £11*

2 x vegan sausage, vine roasted tomatoes, field mushroom, rosemary & bay homemade baked beans. Toast (NGI)

#### *Pancakes £7*

with Cornish honey and bacon

#### *Homemade Granola £7*

with Cornish yogurt and seasonal fruit compote (NGI)

#### *Breakfast Sandwich £7*

Choose from: sausage, bacon or egg

### *Extras*

Toasted bread, Cornish preserves & butter £4.50

Crispy Colwith potatoes £4



## SEASONAL FARM TO FORK CAFÉ

### *Lunch Menu*

Served from 12 until 2:30

*Baked Colwith Farm Potato, served with Cornish Butter, a  
seasonal side salad & homemade slaw*

Slow cooked beef chilli ragu - £13.50

Slow roasted gammon - £13.50

Aval Dor Rosemary & Bay Vodka infused beans - £12 (+ Cornish cheese  
50p)

Cornish Cheese - £10

### *Ploughman's Platter £14.95*

Roasted gammon and Cornish Yarg cheese served with, a slice of sourdough,  
apple & cider chutney, mixed leaves, homemade slaw & pickles

*Make it a sharing platter £21.95*

### *Seasonal Soup £8*

Served with bread & Cornish butter

### *Slow Roasted Gammon £13.50*

Served with 2 Rosedown Fried eggs & Colwith Chips

### *Seasonal Quiche £11.50*

Served with seasonal side salad, apple chutney & homemade slaw