

Restormel Castle Walk

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Distance: 2.75 miles (4.4km)

This is walk along very quiet country roads, past Restormel Castle and through fields and woods. It's an excellent walk for winter months when trees are bare, giving much clearer views of the castle and down the Fowey river valley. The route crosses some farmland so make sure dogs are on a lead.

Free parking is available in car park next to Lostwithiel Community Centre. From the entrance of the car park, cross the A390 onto Restormel Road and follow this as far as Restormel Farm. To the right of the farm are Restormel Manor and [holiday cottages owned by Duchy of Cornwall](#). Turn left up the hill to castle.

[Restormel Castle](#) is a 13th century circular shell-keep above the Fowey river valley, which is managed by English Heritage and open April to October

At Restormel Castle car park, go through the gate and head south-east up the field. Climb the stile and go through the kissing gate. Turn round for an aerial view (clearest in winter) of Restormel Castle and the Fowey river valley. Climb the stile and cross the top of the next field, then cross another stile to follow the footpath south along a ridge.

At the road, cross to the narrow track that runs along side the house. At the junction with Tanhouse Road, turn south into town. At the woods cross the small wooden bridge across the stream, and follow the footpath parallel to the road. The footpath rejoins Tanhouse Road on the outskirts of the town.

At the end of Tanhouse Road, cross the A390 onto South Street. The Cober river runs under South Street, covered with large granite slabs. At the junction with Church Lane, turn towards the Church and cross Fore

Street to reach North Street. At North Street, turn towards the Fowey River, then into the Community Centre car park.

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