

Hall Walk

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Distance: 3 miles (4.8km)

This famous walk between Polruan and Bodinnick offers stunning views over Fowey, the estuary and out to sea. Originally a promenade for Hall Manor, built just above Bodinnick in the 13th century, it can be a circular walk if started in Fowey using the Polruan and Bodinnick ferries.

The walk is well signed and almost entirely traffic free, via woodland paths. It's a moderately easy walk with some ups and downs and unsealed paths. There are lots of bluebells and wild garlic in the woods in spring.

Parking is available in Fowey at either the top car park next to Fowey Hall or the Caffa Mill car park next to the Bodinnick Ferry. Refreshments are available at the Old Ferry Inn in Boddinick, the Lugger Inn, Russell Inn and cafes in Polruan, or the many cafes, restaurants and pubs in Fowey.

To start at Polruan, take the passenger ferry from Fowey Town Quay. In Polruan, walk up Fore Street, along East Street, then turn right up steps to a woodland path signed "Hall Walk". Follow the path parallel to Pont Pill creek, cross at Pont footbridge and continue along the other side of the creek and then along the Fowey until you reach Bodinnick. Take the ferry from Boddinick back to Fowey.

The route from Boddinick starts with the car ferry from Fowey's Caffa Mill. Walk up the main hill past the Old Ferry Inn and take the path signed "Hall Walk" on the right. Follow the route in reverse as described above, finishing at Polruan and the passenger ferry back to Fowey.

It's worth taking a diversion to the beautiful St Wyllow church near Pont Pill. The coast path east of Polruan skirts along the top of Lantic bay round to Pencarrow Head which gives amazing views on a clear day as

far as the Lizard to the west and to Salcombe in Devon to the east.

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