

# Coulson Park and Shirehall Moor nature reserve

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The Fowey river meanders through Coulson Park and Shirehall Moor, making it an ideal spot for a stroll.

Coulson park has road access and a car park in the centre. There is a fenced children's playground, grassy river banks and well-established trees.

From the end of Coulson Park you can walk along a short quay towards Shirehall Moor. There is a well-defined gravel path and picnic benches with barbecue spots.

At Shirehall Moor the valley opens out to a wide salt marsh. The Moor is a haven for wildlife and a great deal of conservation work has been done in recent years.

Access: suitable for wheelchairs and prams (as far as the start of the moor). Dogs allowed.

*Picture by Debbie Curtis*

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